

ENKAMIGAK W.U.T.'S UP



WIKWEMKOONG UNCEDED TERRITORY EVENTS GUIDE

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Enkamigak W.U.T.'S UP is funded and
produced by Naandwechige-Gamig
Wikwemikong Health Centre.



Nookomisnaang Shelter for Victims of Family Violence Officially Opens its Doors

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Cover Photo Credit:
Warren Schlote/The Manitoulin Expositor

Wiikwemkoong

Unceded Territory



**Annual Cultural Festival
Civic Holiday Weekend**

Rainbow Ridge Golf Course



Cultural Tours

Open for Business

We invite you to explore Wiikwemkoong to dine or shop at local area businesses, which are open 7 days a week.

Annual Premier Events

- Traditional Pow Wow
- Crystal Shawanda Homecoming Concert
- Annual Cultural Festival
- Wiky Road Race
- Ice Fishing Derby

Rainbow Ridge Golf Course

- Manitoulin's only 18 hole Golf Course
- Catering and Banquet Services • Tournaments
- www.rainbowridgegolfcourse.com

Your Dollar Store with More

GREAT SELECTION, GREAT PRICES and GREAT SERVICE.

Wiikwemkoong Tourism

- Tourist Information Centre • Open June to September
- Cultural Tour Packages
- Bebamikawe Memorial Trail
- Point Grondine Park • www.grondinepark.com



Your **Dollar Store** With More

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“The Enkamigak W.U.T.S UP – Wiikwemkoong Unceded Territory Events Guide’ is a collaborative project, spearheaded by Naandwechige-Gamig Wikwemikong Health Centre, inclusive of all community agencies and organizations – under the Wiikwemkoong Interagency Relations Process. The Guide is a FREE quarterly publication showcasing events, highlights and features of Wiikwemkoong Unceded Territory. Please Note: Events in the Guide are subject to change at the discretion of the hosting agency or organization. For feedback, comments and suggestions, please contact Kerry Assiniwe at Naandwechige-Gamig Wikwemikong Health Centre, 705-859-3164 ext. 248 or email kassiniwe@wikyhealth.ca. Miigwetch and enjoy!”

Front Cover – Nookomisnaang Shelter for Victims of Family Violence Officially Opens its Doors

By Kerry Assiniwe

On June 19, 2019, Wiikwemkoong Unceded Territory officially welcomed Nookomisnaang Shelter for Victims of Family Violence.

An official ribbon cutting was held at the Shelter, located at 71 Genevieve Street. Various dignitaries provided opening remarks as well captured the history of the creation and essence of Nookomisnaang.

As part of the ‘ribbon cutting’ was the unveiling of a new banner made from moose hide, created by Wiikwemkoong community member Delores Chum.

Nookomisnaang Shelter will provide an immediate temporary safe haven for women, children, youth and men who are victims of family violence. The 8,000 square foot facility features 13 bedrooms - two of which are family suites. In total, the facility will be able to accommodate 17 individuals when at full capacity.

Programs and services will also be based on the Anishinabe culture.

Back in September 2017, a traditional ‘blessing’ of the Shelter land was conducted followed by the official ‘ground breaking’...the first shovel that broke ground.

Then, the ‘bigger shovels’ hit ground in Spring 2018.

The Shelter currently has staff inclusive of a Manager, Administrative Support, Counselors, Child & Family Workers and Maintenance.

Budget 2016 included \$10.4 million over three years for the construction of five new shelters for women and children who are victims of family violence on reserve, delivered through Canada Mortgage and Housing Corporation (CMHC).

Wiikwemkoong was one of five First Nation communities, in Canada, selected for the construction of new shelters.

The others include: Lake Babine in British Columbia, Black Lake in Saskatchewan, Nisichawayasihk in Manitoba and Kawawachikamach in Quebec.

The name “Nookomisnaang” is inspired by a story told by Elder Isaac Pitawanakwat-baa to participants gathered at a Wiikwemkoong “Shelter for Victims of Violence” Planning Meeting. At this gathering Isaac related the following story;

As a little boy, Isaac had been guiding his “Nookomis (Grandmother)” through the forest, as she had previously lost her eyesight, and needed help when going out to visit. They were halfway through on their walk to the neighbouring house, when she tired and said she had to rest a bit. She sat on top of a large rock, while he stood by her side. She felt him shivering from the cold winds, so she told him to come to the front of her. After he moved to stand as directed, she reached out and drew him tight to her body, and wrapped her long shawl around him. Issac stated that he had never felt so protected, so safe, so loved in his entire life, as he did at that moment in time. Issac went on to say that this was the type of environment that was essential at the Shelter, for the people to feel welcomed when staying at the shelter. They should feel the warmth, comfort, safety and security that comes from being loved by your “Nokomis”.





AASNAA NAAD MAAD DAA MIINWAA "LET'S HELP EACH OTHER AGAIN"

c/o NADMADWIN Mental Health Clinic
16 A Complex Drive, P.O. Box 101
Wikwemikong, Ontario
P0P 2J0
(705) 859-2330 ext. 291

Main Contact Person(s):

Teresa Trudeau-Magiskan
Aasnaa Naad Maad Daa Miinwaa Coordinator

Aasnaa Naad Maad Daa Miinwaa "Let's Help Each Other Again" Events

CULTURAL

- **FULL MOON CEREMONY**
- Monday, July 15
- Thursday, August 15
- September 12
9pm
Harbour Front Park
All are Welcome
- **RED ROAD SHARING CIRCLE**
Every Friday beginning July 5
6pm-8pm
Medicine Lodge-Wikwemikong Health Centre
- **MEN'S TRADITIONAL TEACHING CIRCLE**
Every second Tuesday
6pm-8pm
Medicine Lodge-Wikwemikong Health Centre

COMMUNITY HEALTH PRIMARY CARE

16A Complex Drive
Wikwemikong Ontario
P0P 2J0

Phone Number(s): 705-859-3164

Main Contact Person(s):

Kate St. George, Ext. 309
Community Health Nurse

Lianne Hovingh Ext. 315
Community Health Nurse

Wahss Wabano, Ext. 322
Community Health Nurse

Jamie Wassegijig, Ext. 303
Community Health Worker-Environmental

Courtney Wassegijig, Ext. 316
Community Health Worker

Mary Mishibinjima, Ext. 316
Physical Activity Health Promoter

Sue-Ann Oshkabewisens, Ext. 381
Aboriginal Diabetes Initiative Worker

Verna Frances, Ext. 381
Diabetes Education Nurse

Program Description

The goal of the community Health Primary Care Program is to improve overall health status and empower community members to take responsibility and take an active role in improving their health. Mandatory programs are delivered by health promotion, prevention, health protection and health maintenance.

Community Health Promotion- To offer a broad range of community-based activities that enhances health and well-being of community members. Focus on health promotion and injury/illness prevention and include such pro-

Wiikwemkoong LMIS Project

We invite everyone over the age of 15 residing in Wiikwemkoong Unceded Territory to participate in a survey!

Aanii! My name is Kyannah and I'm here to tell you about the Wiikwemkoong LMIS Project!

The survey focuses on your current activities like employment, experience, education, training and other skills.

Surveys can be completed by interview in person, phone or online through our social media. You can also request a version of the survey to do on your own time.

Once completed, your name will be entered into quarterly draws to win some great prizes!

For more information, please visit our social media page or contact us at



Wiikwemkoong
LMIS Project

Wii-ni n'guch-tood
Labour Market Services
Tel: (705) 859-3001 Fax: (705) 859-2000
Toll Free: 1-888-801-9422



www.wiikwemkoong.ca

2102 Wiikwemikong Way, Wiikwemikong Ontario POP2JO

Surveying Wiikwemkoong

What we are surveying

- Community members' recent employment and education activities
- Wiikwemkoong's economic needs and strengths
- On-reserve band members

Who is involved in the survey

- Aboriginal Employment Services (AES) Inc.
- WDC and Wii-ni n'guch-tood WLMIS Project Team
- Employment and Social Development Canada (ESDC)

Why you are encouraged to participate

- The information we collect can help the Wiikwemkoong band programs match community members like yourself with employment as well as match employers with skilled individuals

How we will use the information

- Information is collated to determine employment levels and trends in the community
- Your identity remains CONFIDENTIAL and ONLY the group data is provided to ESDC

How you can participate

- Surveyors will be visiting door to door and attending various events around Wiikwemkoong
- Surveys can be conducted in person, over the phone, online or you can request a self-administered survey
- You may also set up an appointment with the contact information provided!

Wiikwemkoong LMIS Project Team

Owen A. Peltier
Project Coordinator
opeltier@eastlink.ca

Kyle Johnston
Project Surveyor
kyle.johnston@eastlink.ca

Jennifer Jacko
Project Surveyor
jen.jacko@eastlink.ca



We value your help in this project and your continued devotion to your territory.



grams as child health, school health, adult health and elder health using population health approach.

NOTE: Please call to confirm activities as some subject change

Community Health Primary Care Events

PHYSICAL ACTIVITY

- **RISE & SHINE WALKING**
Thunderbird Ball Park
- July 3, 8, 10, 15, 17, 22, 24, 31, from 6:30am-7:30am
- **DAY HIKE- CUP & SAUCER**
M'Chigeeng
- July 18 from 10am-2pm
- August 15 from 10am-2pm
- **DAY HIKE- TOBERMORY**
- Grotto/ Bruce Peninsula National Park 19+ from 8am-10pm
- Little Cove Adventures 19+ from 8am-8pm
- **FALL HIKE- CUP & SAUCER**
M'Chigeeng
September 5 and 19 from 10am-2pm
- **SENIOR EXERCISES**
Amikook Senior Centre at 9am
- July 3, 5, 10, 12, 15, 17, 22, 24, 29, 31
- August 7, 12, 14, 19, 21, 26, 28 at 9am
- September 4, 6, 9, 11, 13, 16, 18, 20, 23, 25, 27, 30
- **STAND-UP PADDLE BOARDING**
Wiky Bay
- July 3, 10, 17, 31 from 6pm-8pm
- August 12, 19, 26 from 12pm-1pm
- August 1, 8, 15, 22, 29 from 6pm- 8pm
- **STABILITY BALL WORKOUT**
Amikook
- July 4, 11, 18, 25 from 6pm-7pm
- September 5, 12, 19, 26 from 6pm-7pm
- **BEGINNER STEP CLASS**
Dance Studio
July 16, 23, 30 from 11:45am-12:45pm
August 6, 13, 20, 27 from 11:45am-12:45pm

- **AQUA FITNESS**
Espanola Recreation Centre
Van Leaves @ 8:30am Return @ 1pm
September 10, 17, 24

- **CIRCUIT TRAINING**
Fitness Centre
September 4, 9, 11, 16, 18, 23, 25, 30 from 2pm-4pm

HEALTH & WELLNESS

- **SUMMER SIZZLER**
Wiky Ball Park
July 2 from 11am to 2pm
- **2nd ANNUAL SENIORS JAMBOREE**
Wiky Arena
July 12 from 12pm to 4pm
- **SELF-CARE DAY**
Wikwemikong Hub Centre
July 26 at 5pm- 8pm
- **FAMILY MOVIE NIGHT**
Wikwemikong Arena
July 29 at 6pm- 8pm
- **SENIORS SAFETY**
Amikook Seniors Centre
- July 25 at 11-2pm
- August 23 at 11-1pm
- September 26 at 11-1pm
- **BLOOD PRESSURE SCREENINGS**
Rotating locations
- July 3, 10, 17, 24, 31 from 10am-12pm
- August 7, 14, 21, 28 from 10am-12pm
- September 4, 11, 18, 25 from 10am-12pm
- **KIDS SPLASH & PLAY**
Wiky Ball Park
- July 9, 16, 23, 30 from 2pm-4pm
- August 6, 13, 20 from 2pm-4pm
For ages: 6 to 10yrs old (please pre-register)
- **SUMMER YOUTH OUTDOOR CAMP**
Kings Bay/ Health Centre
- August 7, 8, 9 from 12pm-4pm
- For ages: 12yrs and up (please pre-register)

- **BACK TO SCHOOL FAMILY DANCE**
Pontiac School
- August 14 at 6pm- 8pm

- **URBAN AIR TRAMPOLINE TRIP**
Sudbury
July 26, from 12-2pm
Departure 9:30am, arrive at 4:30pm

- **FOOD HANDLERS COURSE**
Daystar
August 22 at 9:30am-4:30pm

- **NUTRITION NITE SNACKS**
N'Bwaachwen
September 10 and 24 from 6pm-8pm

- **BACK TO SCHOOL HEALTH CHECKS**
Wikwemikong Health Centre
Starting June 3rd to August 19th
Bring your child (ren) to the Health Centre Clinic on Monday's to ensure they have all immunizations up to date before the next school year and be entered into a draw for a prize in August!

- **CANCER THRIVING & SURVIVING**
Health Centre Lobby
- September 11, 18, 25 from 5pm- 8pm
- October 2, 9,16 from 5pm- 8pm

DIABETES PROGRAMMING

- **DIABETES CAFÉ**
Daystar
- July 8, 15, 22, 29 from 10am to 12pm
- August 12, 19, 26 from 10am to 12pm
- September 9, 16, 23 from 10am to 12pm

- **WALKING CLUB**
Health Centre
- July 4, 5, 11, 12, 18, 19, 25, 26 at 9am
- August 1, 2, 8, 9, 15, 16, 22, 23, 29, 30 at 9am
- September 5, 6, 12, 13, 19, 20, 26, 27 at 9am

- **TESTING TUESDAYS**
Health Centre- Clinic Lobby
- July 2, 16, 30 starting at 9am
- August 13, 27 starting at 9am
- September 10 at Karens Coffeemat and Sept 24 at Band Office starting at 9am

- **DIABETES VACATION- TREAT DAY**
Health Centre Lobby
- July 30 at 6pm
- August 29 at 6pm
- September 30 at 6pm
- **SOCIAL EVENING**
Health Centre Lobby
- July 17 at 6pm
- August 14 at 6pm
- September 18 at 6pm
- **DIABETES & STRESS**
Health Centre Lobby
July 25 at 6pm
- **DINING IN THE DARK & EYE HEALTH**
Health Centre Lobby
- July 31 at 6pm (Pre-registration)
- **FEET FOR LIFE**
Health Centre Lobby
- July 11 at 6pm
- August 28 at 6pm
- September 25 at 6pm
- **NUTRITION BINGO**
Health Centre Lobby
- July 23 at 6pm
- August 6 at 6pm
- September 24 at 6pm
- **SALAD IN A JAR**
Health Centre Lobby
- July 9 at 6pm
- August 20 at 6pm
- September 10 at 6pm
- **LET'S GET COOKING**
Buzwah Church
- July 10 at 6pm
- August 21 at 6pm
- September 17 at 6pm
- **HEALTHY SMOOTHIES**
Health Centre- Resource Room
- July 16 at 6pm
- August 7 at 6pm
- **DIABETES & NUTRITION**
Health Centre Lobby
August 22 at 6pm

- **INSTAPOT WORKSHOP**
N'Bwaachewen
September 11 at 6pm
- **AQUA FITNESS**
Espanola Recreation Centre
Van Leaves @ 8:30am Return @ 1pm
September 3
- **HEALTHY BREAKFAST**
Daystar
September 4 at 10am
- **HEALTHY SNACK IDEAS**
Health Centre- Lobby
September 12 at 6pm



**DEBAJEHMUJIG
STORYTELLERS**

8 Debajehmujig Lane
Wiikwemkoong, Ontario
P0P 2J0

Phone Number(s): (705) 859-1820/2317

Website(s): www.debaj.ca

Social Media Sites

<https://www.facebook.com/DebajehmujigStorytellers/>

Program Description

Debajehmujig Storytellers is a multi-arts company that strives to engage people of all ages, backgrounds, and walks of life in arts events that build skills and strengthen our community. We also create original work based on an Anishnaabe worldview that builds bridges between cultures, generations, and territories.

Debajehmujig Storytellers Events

THEATRICAL PERFORMANCE EVENTS

- **7 MINUTE SIDESHOW**
Debajehmujig Creation Centre, 43 Queen Street, Manitowaning
 - Friday, July 5, 2019, 11:00am – 11:07am
 - Friday, July 12, 2019, 11:00am – 11:07am
 - Friday, July 19, 2019, 11:00am – 11:07am
 - Friday, July 26, 2019, 11:00am – 11:07am
- **CROSSING THE WHITE LINE**
Debajehmujig Creation Centre, 43 Queen Street, Manitowaning
 - Wednesday, July 17, 2019, 7:00pm
 - Thursday, July 18, 2019, 7:00pm
 - Friday, July 19, 2019, 7:00pm
 - Saturday, July 20, 2019, 7:00pm
 - Sunday, July 21, 2019, 2:00pm
 - Wednesday, July 24, 2019, 7:00pm
 - Thursday, July 25, 2019, 7:00pm
 - Friday, July 26, 2019, 7:00pm
 - Saturday, July 27, 2019, 7:00pm
 - Sunday, July 28, 2019, 2:00pm
- **DEBAJEHMUJIG SUMMER PRODUCTION**
Holy Cross Mission Ruins, 2525 Wiikwemikong Way, Wiikwemkoong
 - Thursday, August 15, 2019, 7:00pm
 - Friday, August 16, 2019, 7:00pm
 - Saturday, August 17, 2019, 7:00pm
 - Sunday, August 18, 2019, 7:00pm
 - Wednesday, August 21, 2019, 7:00pm
 - Thursday, August 22, 2019, 7:00pm
 - Friday, August 23, 2019, 7:00pm
 - Saturday, August 24, 2019, 7:00pm
- **ENORMOUSLY SMALL IMPROV SHOW**
Debajehmujig Creation Centre, 43 Queen Street, Manitowaning
Monday, August 26, 2019, 6:00pm
- **FUNNY MAN INC COMEDY SHOW**
Debajehmujig Creation Centre, 43 Queen Street, Manitowaning
Saturday, September 14, 2019, 1:00pm

ARTS AND CULTURE EVENTS

- **LUNCH IN THE LANGUAGE**
Debajehmujig Creation Centre, 43 Queen Street, Manitowaning
 - Tuesday, July 2, 2019, 12:00pm – 2:00pm
 - Tuesday, July 9, 2019, 12:00pm – 2:00pm
 - Tuesday, July 16, 2019, 12:00pm – 2:00pm
 - Tuesday, July 23, 2019, 12:00pm – 2:00pm
- **MANITOULIN ART TOUR**
Debajehmujig Creation Centre, 43 Queen Street, Manitowaning
 - Friday, July 19, 2019, 10:00am-5:00pm
 - Saturday, July 20, 2019, 10:00am-5:00pm
 - Sunday, July 21, 2019, 10:00am-5:00pm
- **GARDEN TOUR AND TEACHINGS**
Garden of the 7 Values, 83 Wellington Street, Manitowaning
Sunday, July 21, 2019, 6:30pm-9:30pm
- **COFFEE HOUSE**
Rainbow Ridge Golf Course
Friday, August 2, 2019, 10:00pm – 2:00am
- **WIIKWEMKOONG ARTS AND MUSIC FESTIVAL**
Nimkii Bineshii Kaaning (Thunderbird Park), Wiikwemkoong
 - Friday, September 13, 2019, 4:00pm – 10:00pm
 - Saturday, September 14, 2019, 12:00pm – 10:00pm



HOME CARE - AMIKOOK

P.O. Box 101, 16B Complex Drive
Wiikwemikong, Ontario
POP 2J0

Phone Number(s): (705) 859-3098
(705) 859-2194
Website(s): www.wikyhealth.ca/

Main Contact Persons:

Yvette Corbiere Ext. 221
(705) 859-3098

Bernadette Peltier
(705) 859-2194

The WIIKWEMKOONG Home Care Program mission is to deliver culturally appropriate wholistic community based short and long term optimal in-home and/or community care services to community members of any age who have been assessed. Services include Nursing, Personal support, Occupational Therapy, Physio Therapy, Helpline, Meals on Wheels, Adult day, Generic Transportation and Home Maintenance.

Some services have specific age requirements, formal assessments and user fees. In addition, the home care program also works alongside the Noojmowin-Teg Health Centre's aging at home navigator, home visiting physician, geriatric social worker, aging at home van, dietician, diabetes program, respite care and assistive living. Other external links include Behavioral Supports On (BSO), Senior Mental Health, Victoria Order of Nurses (VON), NELHIN Home and community care (formally CCAC) for Speech and Language and Nurse Practitioner Palliative Care. If you require any more information on any of the services offered, please call 705 859 3098.

Adult Day Program

Adult Day Program will enable elders who are physically and or cognitive disability in Wikwemikong to continue to live in their own homes by providing supportive group programs and activities in the community and their own homes. To promote healthy elder, family and community environments can thrive through culturally appropriate community-based programs. To support the complete physical, emotional, spiritual and mental well-being of the elder through implementation of prevention and education services. The adult day program provides social activities, and friendly visits for the elders.

Home Care - Amikook Events

STATUTORY HOLIDAYS

- **HAPPY CANADA DAY WEEKEND**
AMIKOOK CLOSED
JULY 1, 2019
- **CIVIC DAY**
AMIKOOK CLOSED
AUGUST 5, 2019

- **LABOR DAY**
AMIKOOK CLOSED
SEPTEMBER 2, 2019

SPIRITUAL/ RELIGIOUS

- **MASS-HELD FIRST FRIDAY OF EACH MONTH**
Open to the General Public
 - JULY 5, 2019 @ 10AM
 - AUGUST 2, 2019@ 10AM
 - SEPTEMBER 6, 2019 @ 10AM
- **MORNING SMUDGE @ 8:30AM**
 - MONDAYS JULY 8, 15, 22, & 29 2019
 - MONDAYS AUGUST 12, 19, & 26 2019
 - MONDAYS SEPTEMBER 9, 16, & 23 2019

ANISHINABEMONWIN LANGUAGE INITIATIVES
OPEN TO THE GENERAL PUBLIC

- **LANGUAGE CLASS WITH THE W.H.O.**
 - JULY 2, 2019 @ 10AM-3PM
 - AUGUST 6, 2019 @ 10AM-3PM
 - SEPTEMBER 3, 2019@10AM-3PM
- **SURNAMES WITH THE W.H.O.**
 - JULY 9, 2019
 - AUGUST 13, 2019
 - SEPTEMBER10, 2019
- **LANGUAGE GATHERING WITH THE W.H.O**
 - JULY 16, 2019
 - AUGUST 20, 2019
 - SEPTEMBER 17, 2010

FITNESS

- - JULY 3, 5, 10, 12,15, 17, 22, 24, 29, & 31@ 9A
- AUGUST 7, 12, 14, 19, 21, 26, & 28 @ 9AM
- SEPTEMBER 4, 6, 9, 11, 13, 16, 18, 20, 23, 25, & 27 @ 9AM

MINDS IN MOTION

- JULY 4, 11, 18, 25. 2019 @ 10-12PM
- AUGUST 1, 8, 15, 22, 2019 @10-12PM

QUILTING

- - JULY 4, 11, 18, 25 2019 afternoon only
- JULY 5, 12, 19, 26 2019 ALL DAY
- AUGUST 1, 8, 15, 22, afternoon only
- AUGUST 2 half day, 9, 16, 23, 29, 30 ALL DAY
- SEPTEMBER 5, 6, 12, 13, 19, 20, 26, 27 ALL DAY

FUN ACTIVITIES

- **ARTS & CRAFTS**
 - JULY 8, 15, 22, 29 @10AM
 - AUGUST 12, 19, 26 @ 10 AM
 - SEPTEMBER 9, 16, 23 @10AM
- **AFTERNOON MOVIE**
 - JULY 3, @ 1PM
 - AUGUST 7, 21 @ 1PM
 - SEPTEMBER 4, 25 @ 1PM
- **BIRTHDAY SOCIAL**
 - JULY 23, 2019 @ 12PM
 - AUGUST 20, 2019 @12PM
 - SEPTEMBER 5, 2019 @12PM
- **COFFEE HOUSE**

Open to the General Public

 - JULY 16 @ 5PM-7PM
 - AUGUST 6 @ 5PM- 7PM
 - SEPTEMBER 10 @ 5PM-7PM
- **CONNECTING WITH BARBRA**
 - AUGUST, 2019 TBA
 - JULY 2019 TBA
 - SEPTEMBER 2019 TBA
- **GAMES & PUZZLES**
 - JULY 10, 19, 24 @ 1PM
 - AUGUST 7, 14, 15, 16, 22, 28 2019 @1PM
 - SEPTEMBER 3, 11, 17, 19, 20 2019 @ 1PM
- **COOKING/ BAKING**
 - JULY 5, 30, 2019 @ 1PM
 - AUGUST 27, 2019 @1PM
 - SEPTEMBER 24, 2019 @1PM
- **LIBRARY TIME FOR SENIORS**

WIKWEMIKONG PUBLIC LIBRARY
No library during the summer
SEPTEMBER 18, 2019

- **MEN'S OUTING**
 - JULY 25, 2019 @ 8:30AM
 - AUGUST 29, 2019 @ 8:30AM
 - SEPTEMBER 19, 2019 @ 8:30AM
- **MEN'S NIGHT OUT**
 - July 3, 2019 @ 5:00PM
 - August 7, 2019 @ 5:00PM
 - September 4, 2019 @ 5:00PM
- **PRIZE BINGO- DOORS OPEN 6PM**

Open to the General Public

 - JULY 30, 2019 @ 7PM
 - AUGUST 27, 2019 @7PM
 - SEPTEMBER 24, 2019 @ 7PM
- **SEWING PROJECTS**
 - JULY 15, 22, 29 2019 @ 1PM
 - AUGUST 12, 26 2019 @ 1PM
 - SEPTEMBER 6, 13, 20, 27 @ 1PM
- **SOAK, STEAM, SWIM**

(Please Sign Up)

 - JULY 22, 2019 @ 8:30am
 - AUGUST 19, 2019 @ 8:30am
 - SEPTEMBER 23, 2019
- **SCRAPBOOKING**
 - JULY 8-10AM-2PM/JULY 9 @ 1pm
 - AUGUST 9, & 23, 2019 @1pm
 - SEPTEMBER 12, 26 2019 @ 1pm
- **SOUP DEALS**

Open to the General Public

 - JULY 9, 2019 @ 11am
 - AUGUST 6, 2019 @11am
 - SEPTEMBER 10, 2019 @11am
- **V.O.N.**

Every Wednesdays 10am-12pm
- **WOMEN'S OUTING**
 - JULY 16, 2019 @ 8:30am
 - AUGUST 27, 2019@ 8:30am
 - SEPTEMBER 17, 2019@ 8:30am

GENERIC TRANSPORTATION

Hours 8am -4pm
Contact person: Gail Animikwaan
705-859-2194

MEALS ON WHEELS

- Mondays, Wednesdays & Fridays
 M O W Cook/Adult Day worker: Brandy Peltier
 Casual MOW Cook: Rosemary Pangowish
 Casual MOW assistant/ADW assistant: Josie Enosse
 Volunteer kitchen help: Casey Odjig



**KITCHI DEAGANING
 SOUTH BAY COMMUNITY CENTRE**

1102 South Bay Road
 Wikwemikong, Ontario
 POP 2J0

Social Media Sites

Facebook: South Bay Community Wikwemikong

Main Contact Persons/Community Centre Board & Advisory Committee

Executive

President: Alfreda Trudeau
 1-705-210-0710 or email: alfredatruudeau@gmail.com

Finance: Abigail Shawande Aibens
 1-705-477-2135 or 705-859-1753

Community Centre Bookings:
 Michelle Wemigwans

Advisory Group

- Herman Wemigwans
- Liz Wemigwans
- Madeline Wemigwans
- Raymond Jackson
- Theresa Roy
- Tom Wemigwans
- Willie Wemigwans
- Christina Pheasant

HISTORY

Residents from the South Bay Community Centre of Wikwemikong Reserve have pulled together and decided to build a much-needed facility, temporarily known as the Spanish Hill Community Centre. Lack of a facility in this

community has been a problem affecting the residents in many different ways – culturally, socially and educationally. After discussions took place and considering the situation (no finances) and local resources availability, it was decided that a log building would be the most feasible. One of our residents had completed the log building course that was offered here in Wikwemikong and was more than willing to share his newly acquired skills and knowledge and will also be doing the supervising during construction. All of the residents have agreed that this facility will be built on a strictly volunteer basis, hopefully instilling pride, respect and responsibility for the new centre. Most of the residents have given a small cash donation, their time and effort to start this project off. It is hoped that this will be continued for another few months. However, a lot of support will be needed from other reserve communities, if this project is to become a reality in the not so distant future.

You can by supporting our fundraising activities (funds to be used to cover coats of materials and hydro). All support will be duly acknowledged. Band Chief & Council meeting was held August 6, 1985 to discuss the land claim.



RATE SCHEDULE

Agencies, Band Programs and Services	\$100/day (8:00am-4:00pm) Additional use outside this time will be \$20/hr.
Individual	\$20/hr.
Overnight	\$150 (4:00pm-8:00am)
Use of kitchen facilities (propane stove, fridge, sink)	\$30/day
Wake Service	\$100 flat rate
Fundraising Groups	\$100, with a \$50 deposit prior to event
Seniors Event	No charge (renter must be present at event)

Tables and Chairs not available for rent or loan.

ALL PRICES ARE SET TO ASSIST WITH THE OPERATIONS OF THE COMMUNITY CENTRE



RENTING GUIDELINES

Premises is non-alcohol, drug-free, smoke-free environment. Terms and Conditions between the South Bay Community Centre (SBCC) and the renter. Information on invoice.

The Renter agrees:

- 1) To pay the applicable rate based on the SBCC Rate Schedule,
 - 2) To give Notice, in writing, of cancellation or any changes to date and time, at least three (3) days before event.
 - 3) That in the event the SBCC is needed for Wake Services, any remaining rental days will be cancelled and the Renter will not be billed for cancelled days.
 - 4) To provide own kitchen supplies (e.g. paper plates, cutlery, beverages, etc.). The SBCC will provide cleaning supplies (e.g. toilet paper, dish towels, hand towels, cleaning soap, etc.).
 - 5) To clean up (wash dishes and cooking utensils, wipe down tables and counters, sweep and mop floors) and to restore the premises to the condition prior to the Renters' use, and most importantly, garbage and left-over food will be bagged and removed to the garbage bin located on the property.
 - 6) Heat – Heat will be set at 18 if you require it to be warmer you can increase between 22 to 24. Prior to leaving please put thermostat to 18.
 - 7) Ensure all doors and windows are locked.
 - 8) That upon inspection, after use, should there be any damage(s)/theft found to the building, equipment, or anything on the property, the Renter will be billed for repair and/or restorative costs.
 - 9) That if a Sacred Fire is required for event (e.g. ceremonies) it must be place in the designated area.
- Rental and not cancelling ensures that this agreement is agreed upon and valid between both parties.

General Information

Fundraising and rate schedule pricing are done to assist with Community Centre operations and community programming and events. Fundraising such as: Bingo's, Card games & Socials, etc., ...

Recently, fall of 2017 play ground equipment were installed by the Wiikwemkoong Unceded Territory

'MINAAWSANG' (AS WE PARENT) CHILDREN'S SERVICES PROGRAM

79 Peltier's Trail
Wikwemikong, Ontario
P0P2J0

Phone Number(s): 705-859-1262
Cell Number: 705-348-1943
Website(s): wikyhealth.ca

Social Media Sites

Facebook: <https://www.facebook.com/wikyhealth>
Twitter: <https://twitter.com/WikyHealth?lang=en>
Youtube: Youtube

Main Contact Persons:

Judy Black, RN, Ext. 200
Children's Services Program Manager

Amanda Mishibinijima, Ext. 204
CPNP/FASD Worker

Anna Kaboni, Ext. 203
HBHC Worker

Daphne Corbiere, Ext. 202
MCH Worker

The Children's Services Program focuses on providing support services and programming to pregnant women, families (mom, dads, primary caregivers) and their children 0-6 years of age. The program supports Anishinaabe approaches and knowledge with Elder and First Nation community supports and partners.

Prenatal, postnatal, and neo-natal care is available to all band members living in Wikwemikong, to meet their health care needs. Prenatal care is offered weekly.

CPNP/FASD: To help support healthy nutrition of prenatal clients; and to provide education with a holistic approach for healthy development of infant pre and post-natal. Also, to educate community and prenatal clients on FASD with the intent to prevent FASD in our community.

MCH: Offer one-on-one support and early interventions to promote healthy child and family development to parents and caregivers. Deliver informational programs to families and their children like; nutrition, physical health, child development, dental information, etc. Offer one-on-one support through home and office visiting. Also provide programs for fathers and promote their important role within the family.

HBHC: To help children get a healthy start in life. The program does this by helping parents and children up to age six and their families through home visiting and programming.

'Minaawsang' (As We Parent) Children's Services Events

PARENT & BABY

- **INFANT MASSAGE**
79 Peltier's Trail
- Tuesday July 16, 1:00 - 3:00pm
- Tuesday September 17, 1:00 – 3:00 pm
- **BABY WEIGH IN**
79 Peltier's Trail
Every Thursday, 1:00 – 3:00 pm
Call the Health Centre 705-859-3164 for transportation
- **BABY FOOD MAKING**
79 Peltier's Trail
Monday July 15, 10:00 – 12:00 pm

PRENATAL

- **PRENATAL CLASSES**
79 Peltier's Trail
- Wednesday September 18, 5:30 – 7:30 pm
- Wednesday September 25, 6:30 – 8:30 pm

PARENTS

- **NOBODY'S PERFECT**
79 Peltier's Trail
Thursday August 22, 29, 11:00 – 2:00 pm
Thursday September 5, 12, 19, 26, 11:00 – 2:00 pm
- **CAR SEAT CLINIC**
Health Centre Parking Lot
- Thursday July 11, 4:30 – 7:30 pm
- Wednesday August 14, 4:30 – 7:30 pm
- Wednesday September 11, 4:30 – 7:30 pm
Call 705-859-1262 if you have any questions about car seats or if would like to book a time to install or check a car seat

MOM'S PROGRAMS

- **MAMA BEAR CLUB (children are invited)**
79 Peltier's Trail
- Wednesday July 10, 10:30 – 1:30 pm
- Wednesday September 11, 10:30 am – 1:30 pm

DAD'S PROGRAMS

- **FISHING EXCURSION**
July / August
Call 705-859-1262 for more information.

FAMILY

- **ME & MOMMY PEDI DAY**
79 Peltier's Trail
- Wednesday June 26, 9:30 am – 4:30 pm
- Wednesday July 31, 9:30 am – 4:30 pm
- **KIDS EXPLORE**
79 Peltier's Trail
- Thursday July 4, 6:00 – 7:00 pm
- Thursday September 5, 6:00 – 7:00 pm

Wikwemikong Unceded Indian Reserve No. 26
19A Complex Drive, P.O. Box 112
Wikwemikong, Ontario POP 2J0

Important Community Notice

The Light Industrial Park is currently under construction in Buzwah at the Bell Cell Tower location. Dominion Construction was awarded the contract and for **community safety** and liability issues, the site is closed to the public. The site is restricted to Dominion Construction's personnel and/or their contractors.

Anyone requiring access to site or for hiring details, please contact Connor Lacroix at 705-897-3417 or connor@dominionconstruction.ca.

For any information on the Light Industrial Park, please contact Mary Lynn Odjig at 705-859-3001 or mlojdjig@wikydevcom.ca.

Effective date of Site Restrictions is May 29, 2019 to November 30, 2019

Website: [@wiky.net](http://wiky.net)
Telephone: (705) 859-3122
Fax: (705) 859-3851

- **GOOD FOOD BOX KITCHEN**
(in collaboration with Noojmowin-Teg)
79 Peltier's Trail
Wednesday July 17, 11:00 – 2:00 pm
- **BACKYARD FAMILY BBQ**
79 Peltier's Trail
Wednesday July 24, 11: 00 – 2:00 pm
- **FASD AWARENESS DAY EVENT**
Aundeek Omning First Nation Community Centre,
TBD
Monday September 9
This is an island-wide event, transportation to be provided. Please call 705-859-1262 for more information.
- **SING, LAUGH, PLAY**
Wikwemikong Hub Centre
Monday September 16, 23, 30, 6:00 – 7:00 pm
- **BACK TO SCHOOL SHOPPING TRIP**
Sudbury, transportation provided
Tuesday August 20, 8:00 - 8:00 pm
Clients need to register in advance to ensure spots available.
- **WIKWEMKOONG CHILDREN'S COMMUNITY GARDEN TOUR**
79 Peltier's Trail
Saturday July 20,



NADMADWIN MENTAL HEALTH CLINIC

16A Complex Drive
Wikwemikong, Ontario
POP 2J0

Phone Number(s): (705) 859-2330

Website(s): wikyhealth.ca

Social Media Sites

Facebook: <https://www.facebook.com/wikyhealth>

Twitter: <https://twitter.com/WikyHealth?lang=en>

Youtube: Youtube

Nadmadwin Mental Health Clinic provides various types of services which include one-on-one counselling, couples counselling, family counselling, and group work. A psychiatrist also comes once a month to meet with clients at Nadmadwin Mental Health Clinic. Nadmadwin Mental Health Clinic provides many programs and training which include meditation, anger management, Seeking Safety, Mental Health First Aid, Applied Suicide Intervention Skills Training (ASIST), stress just to name a few.

Nadmadwin Mental Health Clinic Events

CULTURAL INITIATIVES

- **BEADED SUNGLASSES w/ Nadine Oshkabewisens**
Fridays in July 2019 from 1:00 p.m. – 3:00 p.m.
Contact: Sarah / Alison @ Naandwe Miikaan @ 859-1390
- **MOCASSIN MAKING w/ Abigail Aiabens**
Thursday, July 11, 18, 25 & August 01, 2019 from 12:30 p.m. – 3:30 p.m.
Contact: Sarah / Alison @ Naandwe Miikaan @ 859-1390
- **WOMEN'S / MEN'S CIRCLES (alternating bi-weekly)**
WHC Medicine Lodge
Every Monday @ 1:00 p.m. – 3:00 p.m.
Contact: Sarah / Alison @ Naandwe Miikaan @ 859-1390
- **BEADED MOCASSIN MAKING w/ Abigail Aiabens**
Thursday, August 08, 15, 22, 2019 from 12:30 p.m. – 3:30 p.m.
Contact: Sarah / Alison @ Naandwe Miikaan @ 859-1390
- **TIPI POLE SHAVING TEACHINGS w/ Jesse Kaboni**
Naandwe Miikaan
Friday, August 09, 16, 23, & 30 @ 1:00 p.m. – 3:00 p.m.
Contact: Jesse Kaboni @ 859-1390 or Sarah / Alison @ Naandwe Miikaan
- **SHARING KNOWLEDGE on Cradle Board Making w/ Jesse Kaboni**
Naandwe Miikaan
Fridays Sept. 06, 11, 16 & 23 @ 1:00 – 3:00 p.m.
Contact Jesse Kaboni @ 859-1390 or Sarah / Alison @ Naandwe Miikaan

HEALTH and WELLNESS

- **NAR-ANON SUPPORT GROUP MEETINGS w/ Maxine Shawongonabe**
Family Support Group Spiritual Program
WHC Medicine Lodge
Mondays @ 1:00 p.m. – 3:00 p.m. (alternating every three weeks)
Contact: Sarah/Alison @ 859-1390
- **TEACHING TUESDAY**
Naandwe Miikaan @ 18 Hill's Trail
Every Tuesday from 1:00 p.m. – 3:00 p.m.
Continuation from June, The Trust Frequency Book Reading Club – July 02, 09, 16, 23, & 30, 2019
Contact Alison / Sarah @ 859-1390
- **HUMAN TRAFFICKING AWARENESS**
Starting September 03, 10, 17, & 24, 2019
Every Tuesday from 1:00 p.m. – 3:00 p.m.
Contact Alison / Sarah @ 859-1390
- **NA MEETING/ADDICTION RECOVERY WORK**
Naandwe Miikaan @ 18 Hill's Trail
Every Tuesday from 6:00 p.m. – 8:00 p.m.
Please call 859-1390 for more information
- **WELLNESS WEDNESDAY**
Naandwe Miikaan @ 18 Hill's Trail.
Contact: Sarah / Alison @ 859-1390
Wednesday from 10:00 a.m. – 12:00 p.m. Drop-In and 1:00 p.m. - 3:00 p.m. Teachings, ie: Genograms, Sweetgrass picking, Self-Care Mani-care, FootSoaks, Nature Hikes (Bebamikawe Trails, Cup 'n' Saucer, Outdoor Excursion), Beach Days, Golf Day, Medicine Walks, Reiki, and crafts, ie: check postings, etc.
- **TEA TIME THURSDAY with Mocassin Making for July & August**
Naandwe Miikaan @ 18 Hill's Trail.
Contact: Sarah / Alison @ 859-1390
Thursdays from 10:00 a.m. – 12:00 p.m. Drop-In and 1:00 p.m. - 3:00 p.m. Teaching, ie: Book Club – TBA for September.
- **FABULOUS FRIDAY**
Naandwe Miikaan @ 18 Hill's Trail.
Contact: Sarah / Alison @ 859-1390
Every Friday from 10:00 a.m. – 12:00 p.m. Drop-In and 1:00 p.m. - 3:00 p.m. Teachings, ie: Beading Sunglasses, Outdoor Fishing - :”Giigoo keda”, Vision Board Making, or check postings, etc.

- **GRIEF & LOSS SUPPORT GROUP with Ngwaagan Gamig (Rainbow Lodge)**
WHC Medicine Lodge with Richard Assinewai
Thursday @ 7:00 p.m. – 9:00 p.m.
July 18, August 22, & September 19, 2019.
Contact: Sarah / Alison @ Naandwe Miikaan @ 859-1390 or Julie @ Rainbow Lodge @ 859-2324
- **MEMORY PILLOW MAKING w Deborah Fox**
Buzwah Church Basement
Watch for Postings
Contact: Sarah / Alison @ 859-1390

FAMILY INITIATIVES

- **SHOPPING TRIPS in collaboration with Ontario Works**
Dates and times: TBA - watch for posters.
- **FAMILY CAMPNG in Collaboration with Prevention Services**
Dates and times: TBA – watch for posters.
- **THURSDAY FUN-TIME READING in Collaboration with Public Library**
Call Naandwe Miikaan @ 18 Hill's Trail.
Contact: Sarah / Alison @ 859-1390
Thursday from 4:30 p.m. - 5:30 p.m. – Watch for Posters

COMMUNITY INITIATIVES

- **PRISONER'S JUSTICE DAY**
Saturday, August 10: Time: TBA
PLACE: Wiikwemkoong Thunderbird Park



NGWAAGAN GAMIG RECOVERY CENTRE INC. (RAINBOW LODGE)

P.O. Box 81, 56 Pitawanakwat Street
Wikwemikong, Ontario
POP 2J0

Phone: (705) 859-2324
Toll Free: 1-877-649-2242
Website: www.ngwaagan.ca

Social Media Site:

FB: ngwaagan gamig

Program Description

Rainbow Lodge began operations in 1976 as an alcohol treatment centre. In 1992, Rainbow Lodge incorporated as Ngwaagan Gamig Recovery Centre Inc. and currently provides addictions treatment programming and community-based addictions services.

Each cycle of the residential and day-patient treatment program is 4 weeks in length. Outpatient services on a weekly basis are also available to those unable to attend the full 4-week program. The treatment services are accessible by applicants of First Nations ancestry following a screening, assessment and acceptance process into the program.

The community-based addictions program coordinates a number of services including alcohol and drug education/awareness, individual counseling, assessments, detox referrals, community educational sessions, school programming, and services promoting addictions-free living.

SPECIAL ANNOUNCEMENT – ENHANCED SERVICES

We have additional services scheduled. Integrated mental health/addictions and counselling services are available for victims of violence and past trauma. A counsellor will be assigned to work with you and coordinate appointments with a visiting provider. At present we have Richard Assinewai, providing traditional services and Grace Debassige providing mental health supports on an individual appointment basis to community members. We will ask that you conduct an intake session with one of our counsellors to complete the necessary and meaningful assessments used to provide feedback and assist with service planning and progress reviews.

NEW SERVICES INCLUDE –

- A) Individual counselling with a mental health provider and/or community-based counsellor.
- B) Cultural supports/ie time with elders or traditional knowledge keepers will be available for community members (certain days to be scheduled),
Watch for postings or visit our facebook page: ngwaagan gamig
- C) New Group programming – increase hope, resilience, finding purpose, and developing meaning, etc.

Please watch for postings

There's More...

SPECIAL ANNOUNCEMENT – NEW SERVICES- CANNABIS EDUCATION

Much Gratitude to Health Canada-Substance Abuse & Addictions Program, for supporting funding for Cannabis Education. Welcome to our new hires!

The Project Coordinator will be available to begin educational presentations on cannabis and risks associated with misuse and abuse of cannabis.

Coming soon! A Project Counsellor will be available to provide supports for individuals wishing to reduce the harms associated with abusing or misusing cannabis. The Counsellor will also be facilitating character strengths groups, a wonderful way to gain insights on our strengths and applying them daily.

NOTE: For very important training, our team will be involved with a 5-day training during the week of July 15-19, 2019. Please accept our apologies in advance for responding to your calls and emails on an anticipated delayed basis.

Ngwaagan Gamig Recovery Centre Inc. (Rainbow Lodge Events

- **ADDICTIONS TREATMENT PROGRAM (4 WEEKS)**
Residential and Day patient programming
A Complete application package, including the Adult Intake Referral Form, the Pre-Admission Medical, and the two assessments are required for review and screening prior to any admission into the either of the treatment programs.
The 4-week Treatment Program admission dates are
- August 6, 2019
- September 9, 2019
- **SELF-HELP GROUPS**
Sundays at 8 pm
Alcohol Anonymous Group at Ngwaagan Gamig Recovery Centre (NGRC), Rainbow Lodge
Tuesdays 8 pm – Alcoholics Anonymous group at NGRC

- **COMMUNITY EDUCATION SESSIONS**
Mondays 7 pm – (scheduled along with treatment cycles - call 705-859-2324 to confirm dates)
Community education sessions include awareness about the effects of Marijuana & Tobacco, Prescription Drugs, Alcohol, & Crack Cocaine and sessions on Responsible Gambling
- **SUPPORT GROUPS**
Thursdays 7 pm
Support Circle held at the Medicine Lodge (Wikwemikong Health Centre)

INDIVIDUAL SERVICES are AVAILABLE

For individual counselling, Support services, pre-treatment services, referrals, aftercare services, please contact us at 705-859-2324.



SCHOOL HEALTH SUPPORT SERVICES

11A Debajehmujig Lane
Wikwemikong, Ontario P0P 2J0

Phone Number(s): (705) 859-2592
Confidential Fax Number: (705) 859-3552

Main Contact Persons:

Robert Beaudin, Ext. 229
Program Manager

Patti McKenzie, Ext 230
Administrative Support

Annie Dokum, Ext 236
Care Coordinator

Cate Pitawanakwat, Ext 232
Care Coordinator

Karen Recollet-Ominika, Ext 231
Care Coordinator

Katarina Djeletovic, Ext 235
Behavior Intervention Worker

MESSAGE FROM ROBERT BEAUDIN, SHSS MANAGER

Aanii Kina Wiiya!

It has been an exciting year at School Health Support Services with many developments and activities taking place. The future holds much promise of greater supports and services to our member First Nation, Early Year’s Centres, schools and community members.

School Health Support Services (SHSS) is based in Wiikwemikoong and serves four First Nations (Wiikwemikoong, Whitefish River, M’Chigeeng and Sagamok). The majority of support services provided are deemed intervention-based where referrals are made to SHSS for the coordination of support services including Physiotherapy, Occupational Therapy, Speech and Language assessments and therapy, Behaviour Intervention, and Psychoeducational assessments. School Health Support Services has also worked with member First Nations on prevention-based modes of delivery.

Recently, SHSS partnered with the Grade 7s of Pontiac School to deliver the “Walking the Path” program. Walking the Path is the Ontario Provincial Police’s award winning program that provided participants with an inclusively rich program immersed in Anishinabek culture, ceremonies and history. The program also covered some strong topics such as racism, stereotyping and the history of residential schools. There was also an opportunity for participants to share with the focus on reconciliation and ending with a feast. Students that participated in the program shared very positive responses. Artwork created by the participating students was contributed to Nookomisinaang Wikwemikong Shelter.

SHSS collaborated with several Wikwemikong Health Services’ program celebrating the uniqueness and differences of our families with autistic children. Autism Spectrum Disorder is a neurodevelopmental disorder that impacts brain development causing most individuals to experience communication problems. Bringing awareness of our differences and varied learning styles was an objective that was met with the understanding that more work is required.

SHSS coordinated student access to comprehensive Optometry examination in a very successful April clinic for children of the Junior, Pontiac and Wasse Abin Schools. In total, 146 children and youth benefitted from the eye examinations with 55% of participants identified as requiring glasses. The optometry was a true collaboration between Wikwemikong, the University of Waterloo and the Vision Institute

of Canada. The coordination efforts of Naandwechige-Gaming Health Centre (including School Health Support Services) and the Union of Ontario Indians supported bringing in the team of optometrists and optometry students to Wiikwemikoong. The Union of Ontario Indians is supporting a field trip for children and youth who participated in the eye examinations to the IMAX theatre at Science North for a special private viewing of Great Bear Rainforest in 3D in June 2019. The next scheduled Eye examination clinic is June 03rd to June 20th. Additional dates for a Fall clinic will be added soon.

School Health Support Service's staff members are actively engaged in continuous learning and share that objective with the Early Learning Centres, schools and parents in our catchment area. School Health Support Services has co-hosted workshops, seminars and presentations that are provided in collaboration with the four First Nations and external organizations. School Health Support Services has co-coordinated Picture Exchange Communications System (PECS) Professional Development with Wikwemikong Board of Education; Children's Behaviour Workshop with M'Chigeeng First Nation; Working with Autism presentation with Chiefs of Ontario. Continuous learning is a key objective of School Health Support Services and it is equally shared with the First Nation Health and Education Departments. The involvement of educational staff, parents and community members in the continuous learning opportunities was pleasing with the tremendous number of participants with an excellent response from parents and community members.

Another model supporting capacity building and continuous learning is the collaboration between Wikwemikong Board of Education and School Health Support Services supporting the delivery of a Diploma program for Educational Support Workers (previously known as Educational Assistants). Preliminary discussions were initiated with Fleming College to have the Education Support Worker Diploma program delivered in Wiikwemikoong. Planning is underway to have the program offered this year!

School Health Support Services also plays an advocacy role with First Nation community members. Our Care Coordinators will assist parents and guardians navigate through the process to access quality services for their respective child. Additionally, SHSS will support parents and guardians with the completion of applications for resources under various programs including Jordan's Principle. The School Health Support Services Leadership, comprised

of our four First Nation's Health Directors and Education Directors, will be meeting in June to review and their current strategic plan. SHSS are responsive to the needs and direction of the participating First Nations improving the support services greatly needed for our students, early learning centres and schools. SHSS will move forward with the belief that we will be the best that we can be!



W.U.T. Events Directory Continues on page 21

Enaadmaagehjik Receives Approval from Wiikwemkoong Council to Enter into Final Agreement with Pacific Aquaculture.



By Nikki Manitowabi

On March 19th, 2019, Enaadmaagehjik (People Helping People), operating as Wikwemikong Development Commission (WDC), presented recommendations requesting Chief and Council to allow and authorize Pacific Aquaculture (PA) to set up an operation on the south-eastern side of the Peninsula in the Owen Channel area. The approval will be under the authority of GChi Naakigewin (Wiikwemkoong's own Constitution). It is an exercise of our community's jurisdiction and rights over the management of the lands and resources in our area.

Receiving the mandate from Chief and Council to market and promote Wiikwemkoong as a place for investment and a place for businesses to locate is a key strategy to build an economy to allow for greater opportunities for employ-

ment for members and residents. Attracting businesses to locate in our community build on and diversify an economy required for employment opportunity, business development and revenue generation. Having resources, studies and business infrastructure to balance the negotiations have been instrumental in securing the attraction to Wiikwemkoong have been instrumental in securing a Memorandum of Understanding with Pacific Aquaculture.

Enaadmaagehjik's strategic plan reflects a priority in four specific areas, renewable energy, manufacturing, tourism and agriculture (aquaculture – farming fish). To explore the opportunities in aquaculture, Enaadmaagehjik applied to the Aboriginal Aquaculture Community Initiative Fund in 2016 to undertake a Shoreline Assessment identifying best sites if any for further aquaculture operations.

In addition to the shoreline study, an Aquaculture workshop facilitated by Waubetek was held in January of 2017. The workshop aim was to promote the opportunities in this growing sector to aboriginal communities and members. The demand and opportunities in this sector are being actively promoted and supported by Waubetek whereby an aquaculture specialist had been hired to assist communities so they can find projects to participate in this sector. Over 34 communities have ongoing projects over the four provinces from here to Alberta.

Following the completion of the shoreline study and presentation of the study at the WDC Board in 2018, and Zhiimaatchtaan Economic Awareness Days (ZEAD), there was noted an interest in private sector companies in the work WDC had completed and discussions were open to come invest,

come see our community and what we had to offer for business development. Information was promoted at the Open Houses in 2017 and 2018 on the proposed project.

Further, water temperature data collection followed in 2017 and 2018 along with the finalization of a Feasibility Study and Business Plan. A Memorandum of Understanding (MOU) with PA was concluded in the spring of 2018. This MOU was brought forward to Council, and the Council further directed to continue the negotiations and due diligence process with PA. A delegation traveled to Washington to research PAs operations on the Columbia River and talk to the members and leadership

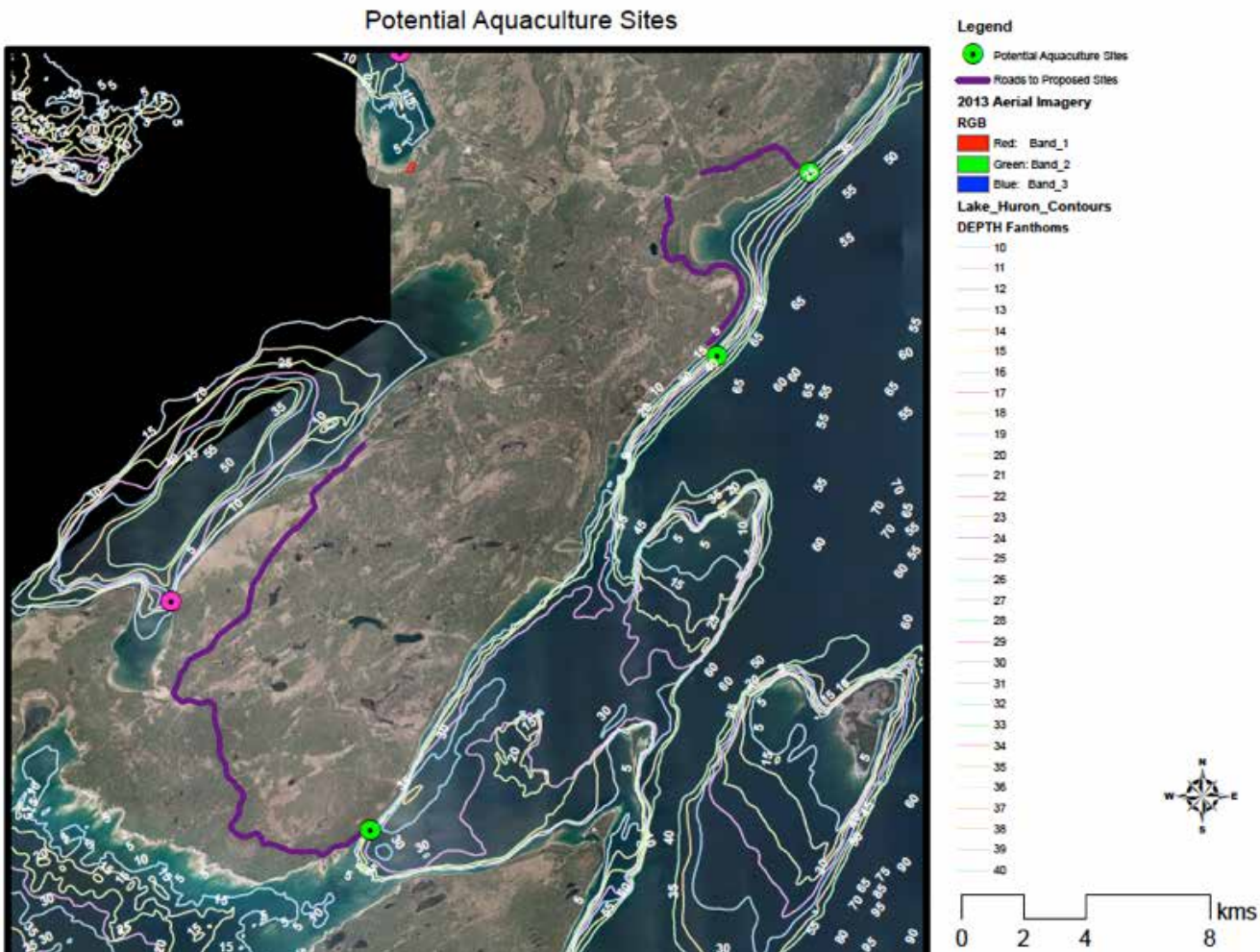
of the Confederate Tribes of the Colville Nation about their relationship with PA. The delegation returned with increased confidence to further recommend to Council to proceed with the approval to allow for the Pacific Aquaculture to locate operations in Wiikwemkoong. Two information sessions were held for members in January 2019 along with a community survey. Information on the sessions were sent via bulk mail to households, and notice further shared on social media. The survey noted 89% support to allow for the aquaculture project to proceed.

The proposed agreement with Pacific Aquaculture will realize royalties to the community, oppor-

tunities for employment opportunities for members and residents, and further business opportunities in the supply chain. Building out an area for aquaculture excellence on Manitoulin Island could position the community and the Island, further value added opportunities. A two year pilot to test cage technology is sited for 2019 in Jacko Bay, and if successful, the operations are planned thereafter in the Owen Channel area of the south-east portion of the peninsula of Wiikwemkoong.

For further information, on this project, please contact R. Nikki Manitowabi, at 705 859 3018 or via email at rnmanitowabi@wikydevcom.ca.

Potential Aquaculture Sites



Beekeeping 101 *By Annette Peltier-Flamand*

Honeybees are not indigenous to North America. They were originally imported from Europe. Honeybee colonies are kept to harvest various products that we might use every day including honey, wax, pollen, royal jelly, venom, propolis, etc. Other bee benefits include the pollination of flowers, crops and vegetable gardens. Experienced gardeners know to plant flowers in and around their gardens to attract bees and result in a more bountiful harvest.

Honeybee colonies contain three types of bees; the queen, the worker and the drone. The queen oversees the day to day operations of the hive and is responsible for reproduction. The worker is a non-reproducing female who is responsible for foraging, taking care of the brood, cleaning the hive, etc. The drone is a male who's only known purpose is to mate.

Due to the use of insecticides, fungicides and other toxic products that we use to kill weeds/insects, both our indigenous pollinating insects (ie. rusty patch bumble bees) and imported honeybees are being threatened. Bees are extremely sensitive to these chemicals. Sometimes beekeepers will visit a previously healthy hive only to find that the entire bee population has left (absconded). Sometimes this is referred to as Colony Collapse Disorder and the exact cause is unknown, though some think that insecticides/fungicides as well as weakness due to illness and disease have somehow contaminated the hive and rendered it uninhabitable. When thinking of using chemicals in your yard/garden, remember that if it's killing the bees, it is probably bad for you too. Think twice and try less harmful alternatives ie. some gardeners will plant marigolds and borage in their gardens to deter garden pests.

Someday you might see a large cluster of bees on the branch of a tree or other object. This is NOT a swarm of Africanized (killer) bees. Fortunately it is too cold in Canada for Africanized bees. Chances are what you are observing is a swarm of honey bees and their queen who have left a crowded hive in search of a new home. This is how colonies reproduce. Don't try to remove them yourself or

spray them with insecticides. They will eventually leave the area after a suitable home is found. Some beekeepers will collect swarms and put them in their bee yard. Only experienced beekeepers with the proper equipment should perform this task as it can be dangerous. Although a swarm looks intimidating, you have nothing to fear as long as you leave it alone.

There are beekeepers in Wiikwemkoong. Some breeds of honey bees kept in Wiikwemkoong include Russians, Buckfast (hybrid) and Italian breeds. Each breed has it's own temperament so it is best not to approach anybody's hives if you come across their bee yard. There are also a variety of hive styles used by our beekeepers including Langstroth (most common), Warre, and Top bar hives.

Many people are afraid of bees because of their painful stings. Most people don't realize that bees will not sting unless they feel threatened. When you are approached by a bee it is probably investigating you to see if you are a threat. To avoid being stung, it is best not to panic and swat at it as it may think that you are attacking it and defend itself. It is very important that you recognize the difference between bees and wasps. Wasps usually have brighter yellow markings and less hair than bees. When working with their bees, beekeepers wear clothing to protect themselves from getting stung. When bees are handled too

much or feel that they are being threatened they will sting to defend themselves and the hive. All beekeepers expect to be stung once in a while. Some will receive stings more than others, depending on the temperament of bees they are keeping and how they handle the hive. If you come across a honey bee yard in Wiikwemkoong or anywhere else, leave it alone.

Some people are allergic to bees. Even experienced beekeepers can suddenly develop an allergy and should always carry an epipen just in case.

Honeybees do not hibernate. In the fall, the drones are kicked out of the hive to extend the life of their honey stores. In the winter, the remaining worker bees cluster around the queen and brood. They vibrate parts of their bodies to generate heat and keep a constant temperature in the hives of around 35° Celsius while slowly consuming their honey stores. Winter is a very dangerous time for the honeybees and many colonies won't make it. Diseases and especially cold or wet winters will also kill a colony. Beekeepers usually insulate the hives and will monitor the honey stores. Sometimes it is necessary to feed the bees if there are signs that they will run out of food stores before spring. They are fed honey (harvested from the same hive) or a mixture of water and sugar until their food source is available once again.

If you are interested in keeping bees learn everything you can to ensure healthy and happy colonies.



From Left to Right: Warre Hive, Top Bar Hive (both with Nuc Adapters) & Langstroth Hive
Photo by Annette Peltier-Flamand



WAASA NAABIN COMMUNITY YOUTH SERVICES CENTRE

11A Debajehmujig Lane
Wikwemikong, Ontario
POP 2J0

Phone: (705) 859-3597
Fax: (705) 859-3300
Website: www.wikyhealth.ca

Social Media Sites:

Facebook: Youth Centre

Main Contact Person:

Lawrence Enosse
Brighter Futures Manager
lawrencee@wikyhealth.ca

Waasa Naabin Community Youth Services Centre Events

JULY, AUGUST & SEPTEMBER COMMUNITY INITIATIVES

- **OUTDOOR ADVENTURE LEADERSHIP EXPERIENCE - 5 Day Canoe Trip #1**
Junior-Family Trip – Ages 9 & up
July 8-22, 2019
****Free Wiikwemkoong Band Members and Registration Required****
- **OUTDOOR ADVENTURE LEADERSHIP EXPERIENCE - 10 Day Canoe Trip #2**
Youth Trip – Ages 13 Plus
July 23 - August 1, 2019
****Free Wiikwemkoong Band Members and Registration Required****
- **OUTDOOR ADVENTURE LEADERSHIP EXPERIENCE - 10 Day Canoe Trip #3**
Youth Trip – Ages 13 Plus
August 13 - August 22, 2019
****Free Wiikwemkoong Band Members and Registration Required****

- **WIIKWEMKOONG ANNUAL YOUTH CONFERENCE**
August 13-14, 2019
- **COMMUNITY FUN DAY**
Thunderbird Park
Wednesday August 21
- Checkers Fun Factory – Outdoor Movie – Fireworks
Summer Camp Lead - Roxxanne Mandamin:
roxxannem@wikyhealth.ca
Summer Camp Lead - Patrina Pitawanakwat:
ppitawanakwat@wikyhealth.ca

JULY SUMMER CAMPS

- **SCIENCE NORTH**
****Camp Fee and Registration Required****
- July 3-5 for Ages 6 to 13
- July 22-26 for Ages 6 to 13
- **WHO'S CRAFTY**
****Camp Fee and Registration Required****
- July 8-12 for Ages 6 to 10 (Mornings) 10-12 PM
30 Participants
- July 8-12 for Ages 10 to 13 (Afternoons) 1-3 PM
30 Participants
- **MMA**
****Camp Fee and Registration Required****
July 15-19 for Ages 6 to 13

Youth Facilitator - Leanne Mishibinijima: lmishibinijima@wikyhealth.ca

JULY YOUTH PROGRAMMING

- **TD READING PROGRAM PARTNERSHIP with WIKY LIBRARY**
- Every Tuesday Morning: July 2, 9, 16, 23, 30 for Ages for 6 to 8
- Every Wednesday Morning: July 3, 10, 17, 24, 31 for Ages 6 to 8
- Every Thursday Morning: July 4, 11, 18, 25 for Ages 6 to 8
- **TEEN ZONE**
Wednesday: July 3, 17, 31 for Ages 13 Plus
Beach Volleyball - Afternoon
Thursday: July 4 for Ages 13 Plus

- **PONTOON RIDE KILLARNEY PARTNERSHIP with PREVENTION SERVICES**
Friday: July 5, alternate date in case of rain July 12 for Ages 13 Plus
- **INDIAN BALL**
Afternoon - Thursday: July 11 for Ages 13 Plus
- **YOUTH COOKING BBQ SAFETY/COOK OUT**
Afternoon - Thursday: July 18 for Ages 13 Plus
Hike at Cup n Saucer and Kicking Mule Ranch
****Registration Required****
Tuesday: July 30 for Ages 13 Plus

Youth Facilitator - Jesse Peltier: jpeltier@wikyhealth.ca

JULY YOUTH PROGRAMMING

- **BEACH DAY - MORNING to AFTERNOON**
Monday: July 8, 15, for Ages 14 Plus
Sun Rise & Grind Teen Zone - Mornings
Tuesdays: July 2, 9, 16 for Ages 14 Plus
- **SUMMER TIME HOCKEY**
****Registration Required****
Wednesdays: July 3, 10, 17 for Ages 7 Plus
- **DRILLS FOR SKILLZ**
****Registration Required****
Thursday: July 4, 11, 18 for Ages 7 Plus
Weight Room
Monday to Friday: for Ages 14 Plus
- **BINOOJIINHAK: GWIIWZENHSAK, KWEZENHSAK**
Facilitator - Kayla Manitowabi:
kaylamanitowabi@wikyhealth.ca

JULY INDIGENOUS YOUTH MENTORSHIP PROGRAMMING (IYMP)

- **FAMILY BEACH DAY**
July 2-4 for Ages 6-12
- **KICKING MULE RANCH TRIP**
****Registration Required****
Wednesday July 17 for Ages 6-12
- **SOUTH BAY FAMILY GAMES & COOK OUT**
Afternoon - Friday: July 19

- **AYMP KWE CAMP**
****Registration Required****
July 23 to 25 for Ages 6-12
- **KABONI PARK FAMILY GAMES & COOK OUT**
Afternoon - Friday: July 26
- **AYMP ADVENTURE CAMP**
****Registration Required****
July 30-August 1 for Ages 6-12
Summer Camp Lead - Roxxanne Mandamin:
roxxannem@wikyhealth.ca
Summer Camp Lead - Patrina Pitawanakwat:
ppitawanakwat@wikyhealth.ca

AUGUST SUMMER CAMPS

- **MMA**
****Camp Fee and Registration Required****
August 6-9 for Ages 6 to 13
- **WHO'S CRAFTY**
****Camp Fee and Registration Required****
- August 12-16 for Ages 6 to 10 (Mornings) 10-12 PM 30 Participants
- August 12-16 for Ages 10 to 13 (Afternoons) 1-3 PM 30 Participants
- **KELLY BABSTOCK HOCKEY SCHOOL**
****Camp Fee and Registration Required****
August 19-20 at Espanola for Ages 5 to 16
Youth Facilitator - Leanne Mishibinijima:
lmishibinijima@wikyhealth.ca

AUGUST YOUTH PROGRAMMING

- **BEACH DAY**
Afternoon - Thursday: August 1, 4 for Ages 13 Pl
- Wednesday: August 7, for Ages 13 Plus
- **SOUTH BAY MOUTH PICNIC & TRAILS**
****Registration Required****
Thursday: August 8, for Ages 13 Plus
Youth Facilitator - Jesse Peltier:
jpeltier@wikyhealth.ca

AUGUST YOUTH PROGRAMMING

- **BEACH DAY**
Morning-Afternoon
Monday: August 12, 19 for Ages 14 Plus

- **SUN RISE & GRIND TEEN ZONE**
Mornings
Tuesdays: August 6, 13, 20 for Ages 14 Plus
- **SUMMER TIME HOCKEY**
****Registration Required****
Wednesdays: August 7, 14, 21 for Ages 7 Plus
- **DRILLS FOR SKILLZ**
****Registration Required****
- Thursday: August 1, 8, 15, 22 for Ages 7 Plus
Weight Room
- Monday to Friday: for Ages 14 Plus
- **BINOOJINHAK: GWIIWZENHSAK, KWEZENHSAK**
Facilitator - Kayla Manitowabi:
kaylamanitowabi@wikyhealth.ca

AUGUST INDIGENOUS YOUTH MENTORSHIP PROGRAMMING (IYMP)

- **IYMP ADVENTURE CAMP**
****Registration Required****
August 7-9 for Ages 6-12
- **WHO'S CRAFTY**
****Camp Fee and Registration Required****
August 12-16 for Ages 6 to 10 (Mornings)
- **IYMP TEEN ZONE – AFTERNOON/EVENINGS**
August 13-15 for High School Students
Youth Facilitator - Leanne Mishibinjima:
lmishibinijima@wikyhealth.ca

SEPTEMBER YOUTH PROGRAMMING

- **FITNESS CLUB - TEEN ZONE**
Wednesday: September 4, 18 for Ages 13 Plus
- **BOWLING - TEEN ZONE**
****Registration Required****
Wednesday: September 11, 25 for Ages 13 Plus
- **HIKE AT CUP'N SAUCER TRAIL**
****Registration Required****
Thursday: September 12 for Ages 13 Plus
- **YOUTH COOKING**
Friday: September 13 for Ages 13 Plus
- **MOVIE NIGHT/GAMES**
Saturday: September 14 for Ages 13 Plus

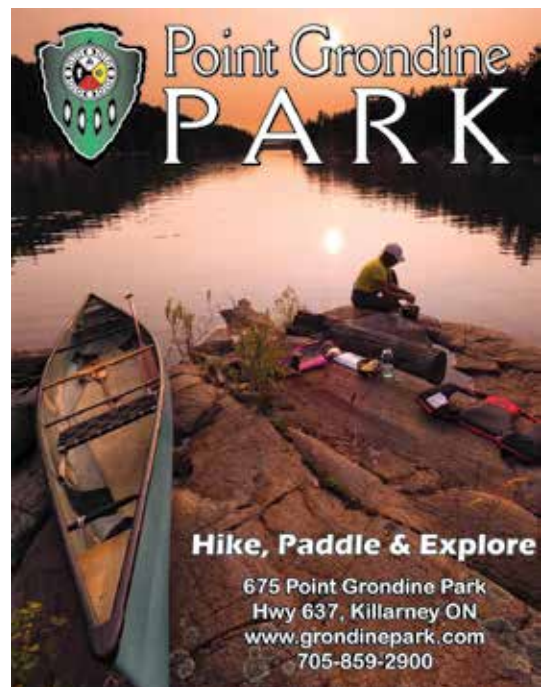
- **ANTI-BULLYING AWARENESS ACTIVITY**
Thursday: September 19 for Ages 13 Plus
- **BIRDS & THE BEES ACTIVITY**
Thursday September 26 for Ages 13 Plus
Youth Facilitator - Jesse Peltier:
jpeltier@wikyhealth.ca

SEPTEMBER YOUTH PROGRAMMING

- **FLAG FOOTBALL**
Every Monday: September 9, 16, 23, 30 Ages 14 +
- **POWER HOUR**
Every Tuesday: September 3, 10, 17, 24 Ages 14 +
Weight Room - Evenings
Monday to Friday: for Ages 14 Plus
- **BINOOJINHAK: GWIIWZENHSAK, KWEZENHSAK**
Facilitator - Kayla Manitowabi:
kaylamanitowabi@wikyhealth.ca

SEPTEMBER ABORIGINAL YOUTH MENTORSHIP PROGRAMMING (AYMP)

- **AFTER SCHOOL PROGRAM**
****Registration Required****
- Every Tuesday: 3:00 – 4:45 PM for Ages 6-12
- Every Wednesday: 3:00 – 4:45 PM for Ages 6-12
- Every Thursday: 3:00 – 4:45 PM for Ages 6-12





WIKWEMIKONG BOARD OF EDUCATION

34 Henry Street
Wikwemikong, Ontario
POP 2J0

Phone: 705-859-3834
Fax: 705-859-3787
Website: www.wbe-education.ca

Main Contact Persons:
Fay Zoccole, Education Director
Fzoccole@wbe-education.ca

Marlene Kimewon, Executive Administrative Assistant -
Mkimewon@wbe-education.ca

Important Date for Post Secondary Student Support Services

- Final Grades 2018/2019 - Deadline Date July 5th at 4 p.m. EDT (bursary selection)

- Annual Graduation & Awards Ceremony - Thursday, August 1, 2019 6-8 p.m.
- Outstanding Documents 2019/2020 - Deadline Date August 16th

Hub Centre

- Binoojiihn Ekinoomaagegamig Summer Program Programming Tuesday and Thursday 10am – 12pm / 1pm-3pm
Evening sessions will begin in August. Everybody is welcome between 0 years – 6 years old for more information please contact Getrude Eshkawkogon 705-859-3797.
- For more information on the toddler and ½ day programming offered at the Hub Centre stop by for your registration package anytime during the summer. The Hub Centre admin hours are from 8am – 4pm.

JR SCHOOL

The Junior school would like to encourage parents to have their child's physical be completed prior to the beginning of the 2019-2020 school year. For more information on student physicals please call the Wikwemikong Health Centre at 705-859-3164.



School Year Calendar 2019-2020

Legend:
H- Statutory Holiday FN – First Nation Day
B- Board Holiday
E- Scheduled Examination Days (High School Only)
P- Professional Development Day

Board:	Wikwemikong Board of Education
Schools:	Wikwemikong Junior School Wikwemikong Pontiac School Wikwemikong High School
Approved By:	Fay Zoccole, Education Director <i>F Zoccole</i>

Month	Number of Inst. Days	Number of Prof. Dev. Days	Number of Sched. Exam Days	1 st Week					2 nd Week					3 rd Week					4 th Week					5 th Week										
				M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F						
August	5	2				1	2	5	6	7	8	9	12	13	14	15	16	19	20	21	22	23	26	27	28	29	30							
September	20			2	3	4	5	6	9	10	11	12	13	16	17	18	19	20	23	24	25	26	27	30										
October	21	1				1	2	3	4	7	8	9	10	11	14	15	16	17	18	21	22	23	24	25	28	29	30	31						
November	20	1						1	4	5	6	7	8	11	12	13	14	15	18	19	20	21	22	25	26	27	28	29						
December	15			2	3	4	5	6	9	10	11	12	13	16	17	18	19	20	23	24	25	26	27	30	31									
January	20	5				1	2	3	6	7	8	9	10	13	14	15	16	17	20	21	22	23	24	27	28	29	30	31						
February	19			3	4	5	6	7	10	11	12	13	14	17	18	19	20	21	24	25	26	27	28											
March	17			2	3	4	5	6	9	10	11	12	13	16	17	18	19	20	23	24	25	26	27	30	31									
April	19	1				1	2	3	6	7	8	9	10	13	14	15	16	17	20	21	22	23	24	27	28	29	30							
May	19	1						1	4	5	6	7	8	11	12	13	14	15	18	19	20	21	22	25	26	27	28	29						
June	13	5		1	2	3	4	5	8	9	10	11	12	15	16	17	18	19	22	23	24	25	26	29	30									
TOTAL	188	6	10	First day back to school: All Education Staff - August 22, 2019 – August 26, 2019 ½ day Wikwemikong Jr and Pontiac School: Progress Report – November 8, 2019; First Semester Report Card – January 23, 2020; Second Semester Report Card – June 17, 2020. Wikwemikong High School: Semester 1 - August 26 – Jan 22, 2020; Semester 2 – January 23 – June 17, 2020 Last Day of School June 17, 2020 ½ day of school.																														

Approved: WBE Motion #048-2019
Date: May 9, 2019

WIKWEMIKONG BOARD OF EDUCATION

34 Henry Street, Wikwemikong ON P0P 2J0

TEL (705) 859-3834 **Reception Ext. 221**

FAX (705) 859-3787

ADMINISTRATION

Fay Zoccole	229 Education Director
Marlene Kimewon	222 Executive Admin Assistant
Maureen Aiabens	226 Financial/Controller Manager
Mick Staruck	240 Systems Principal
Linda Dokum	225 Finance Officer
Martha Wabegijig	224 Payroll/Finance Officer
Sonya Morningstar	236 Human Resources
Sydney Barnsdale	242 Finance Officer
Jayne Summers	241 Education Navigator
Josie Tober	234 IT Supervisor
Raymond Madahbee	237 Support Tech/ 230 H.S
Christopher Aiabens	239 Support Tech/ 230 H.S
Dwayne Animikwan	Communications
Clint Morris	238 Transportation Manager
Transportation Direct (705) 859-2233	
Tim Pangowish	235 Head Maintenance

251 Conference Unit

WIKWEMIKONG HIGH SCHOOL

(705) 859-2870	FAX (705) 859-2407
Maureen Peltier	223 Principal
Dorothy Mandamin	224 Admin Assistant
Patricia Manitowabi	239 Data Entry
Erika Kaboni	235 Co-op Education
Jillian Peltier	236 Guidance Counsellor
Patrick Peltier	225 Maintenance/ 859-1917
	226 Nurse Office
	232 OSR File Room
	246 Staff Room

WIKWEMIKOONG ANISHINAABEMOWIN KINOOMAAGEWIN

(705)859-2094	FAX (705) 859-2400
Sandra Peltier	Program Manager
Jason Pangowish	Graphic Designer
Kelsey Dowdall	Graphic Designer
Darlene Peltier	Illustrator
Macy Manitowabi	

POST-SECONDARY STUDENT SUPPORT SER.

(705) 859-2010 FAX (705) 859-2888

Toll Free 1-866-866-832-9464

Rona George	227 Lead PS Nav./ Manager
Janet McComb	228 Post-Sec Navigator
Stacy Jackson	231 Post-Sec Admin Clerk

HUB CENTRE

(705) 859-3797 FAX (705) 859-2362

Sarah Assinewe	Program Manager
Glenda Mandamin	Admin Assistant

PONTIAC SCHOOL

(705) 859-3133 FAX (705) 859-2748

Lorraine Pitawanakwat	Principal
Randy Recollect	Admin Assistant
Peggy Manitowabi	Counsellor

JUNIOR SCHOOL

(705) 859-3536 FAX (705) 859-2747

Harold Fox	Principal
Ramona Peltier	Admin Assistant

ADULT EDUCATION

(705) 859-2875 FAX (705) 859-2407

Peter Charbonneau	Administrator
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FNSSP

Candace Cheechoo	K-6 Num. Coach
Teina Pitawanakwat	K-3 Literacy
Caroline Black	K-8 Instructional Coach

MAINTENANCE

(705) 859-3134 FAX (705) 859-2748

Tim Pangowish	Programer Manager
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WIKWEMIKONG LIBRARY

(705) 859-2692	
Sheri Mishibinijima	Librarian

CONTACT NORTH

1-855-221-2185

Lance G



WIKWEMKOONG FIRE DEPARTMENT

P.O.Box 112, 19-A Complex Drive
Wikwemikong, Ontario
POP-2J0

EMERGENCY: DIAL 911

Phone: (705) 859-2011

Fax: (705) 859-3851

Main Contact Person:

Bernie Brant, Program Manager/Fire Chief
berniebrant@wiikwemkoong.ca
wiikwemkoongfireprotection@outlook.com

Social Media Sites:

Facebook: Wiikwemkoong Fire Protection



Wiikwemkoong Dbendaaswin



WIKWEMKOONG FIRST NATION ESTATES

19A Complex Drive
Wikwemikong, Ontario
POP 2J0

Phone Number: 705-859-3122 Ext. 248

Toll Free Number: 1-800-880-1406

Fax: 705-859-3851

Main Contact Person:

Carol G. Peltier, Ext. 248
Estates Trustee

VISIT OUR OFFICE FOR INFORMATION ON PLANNING YOUR ESTATE AND WRITING A WILL

Bizhaan, nga naadimaagemi mzinigankeng
(Come in, we will help you to write a will)

Wiikwemkoong Dbendaaswin Enakiiyaang
(What we do)

- Nda naadimaageme mziniganikeng
(We will assist with the writing of wills)
- Weweni nzagkinaanaa gi mazinigan
(We provide secure storage of wills)
- Naadimaageme wenaamimad waa miikang gi mazinigan
(We assist with the appointment of estate administrators)
- Nda nsastamookiime ezhi minzhaandjigaadeg dbendaaswin

- (We explain the process of estate administration)
Naadimoowaanaa owa bemiikang gi mazinigan weweni wii zhichiged
(We assist administrators in the performance of their responsibilities)
- Naadimaageme wii ndagkendjigaadeg gidaakiim miinnwaa gidaanwendaaginak
(We assist in researching of history of lands, and of families)
- Nga miikaanaa gi mazinigan iishpin gwaya bwaanendang wii nankiid
(We will be the administrators of last resort)
- Endaayin gwa ndaazhaame iishpin wii nji nankiiyin odi
(We will come to your house if you want to do the paperwork there.)

Ezhi naadimaagemigak mziniganikeng

(What Wills Do)

Gaayii gegoo gdaa zhi mizhakimewzisii zhitooyin maanda mzinigan
(Wills do not hurt you. They will not cause you to have accidents)

Da naadimaagonaa `aa maanda gidikidowin gwonda gda ngododemak ji mina nendimawaad aanii gezhi maatookiiyin
(Wills will help your family. Wills keep peace in your family. A Will is your voice, guiding your family on how you want your belongings to be distributed)

Giga naadimaago wenbik wii mziniganikeyin

(We will help you to draft up your will)



WIKWEMIKONG PUBLIC LIBRARY

34 Henry Street
Wikwemikong, Ontario
P0P 2J0

Phone Number(s): 705-859-2692

Main Contact Persons:

Sheri Mishibinijima

Clarissa Osawamick

Monica Mandamin

Agency/Organization Website(s):

wikwemikong.olsn.ca

Library Hours (July, August, September):

Monday to Friday 8:00AM - 4:00PM

Social Media Sites

Like us on Facebook @ Wikwemikong Public Library Events

Program Description

The library is open for you with countless of free services available to you! A library card is all you need for checking out a book and/or a DVD. Our website wikwemikong.olsn.ca is where you can find the online catalogue, tumble books, and databases for all your recreational reading. We are open 5 days a week for further details of any items mentioned. Drop by and visit!

Wikwemikong Public Library Events

SENIOR'S PROGRAMMING

- **LIBRARY TIME WITH THE SENIORS**
Wikwemikong Public Library
September 18 at 1PM-3PM
Call Amikook Center for transportation

CHILDREN'S PROGRAMMING

- **TD SUMMER READING CLUB (AGES 6-8 & 9-12)**
Wikwemikong Public Library

"Week 1" - July 2-4
- 10:00AM-12:00PM (ages 6-8)
- 1:00PM-3:00PM (ages 9-12)

"Week 2" July 9-11
- 10:00AM-12:00PM (ages 6-8)
- 1:00PM-3:00PM (ages 9-12)

"Week 3" July 16-18
- 10:00AM-12:00PM (ages 6-8)
- 1:00PM-3:00PM (ages 9-12)

- "Week 4" July 23-24
- 10:00AM-12:00PM (ages 6-8)
- 1:00PM-3:00PM (ages 9-12)

- "Week 5" July 30-31, August 1
- 10:00AM-12:00PM (ages 6-8)
- 1:00PM-3:00PM (ages 9-12)

- **NATIONAL VIDEO GAMES DAY**
Wikwemikong Public Library
Monday, July 8 from 1:00PM-03:00PM
Come on out and play Just Dance, Mario Party, or PC Fortnite!
- **NATIONAL CREAMSICLE DAY**
Wikwemikong Public Library
Wednesday, August 14 from 1:00PM-3:00PM
Come on out and make a craft and have a creamsicle to celebrate!
- **OZOBOTS (ROBOTS)**
Wikwemikong Public Library
Wednesday, September 4 from 2:00PM-3:30PM
Learn how to construct a track using colour coding!

GENERAL PROGRAMMING

- **NATIONAL HONEY BEE AWARENESS DAY**
Wikwemikong Public Library
Friday, August 16 from 1:00PM-3:00PM
Come and learn about these endangered species and how we can save them all while planting some flowers.
- **SPA DAY AT THE LIBRARY**
Wikwemikong Public Library
Monday, August 12 from 1:00PM-3:00PM
Foot Soaks, face masks and nail decorating.
Registration required!

SPECIAL EVENTS

- **FIRST NATION PUBLIC LIBRARY WEEK**
Wikwemikong Public Library
Begins Monday, September 30 - Friday, October 4"



WIKWEMIKONG DEVELOPMENT COMMISSION O/A ENAADMAAGEHJIK

2102 Wikwemikong Way
Wikwemikong, ON
P0P 2J0

Tel: 705-859-3001
Fax: 705-859-2000

Wikwemikong Development Commission o/a Enaadmaagehjik Events

COMMUNITY EVENTS

- **WDC ANNUAL POKER RUN GOLF TOURNAMENT**
Rainbow Ridge Golf Course
Friday July 19, 8:30am – 6:00pm
8:30am Registration opens
10:00am Shotgun start
Please contact Giselle Aiabens at 859-3477 for more information regarding team registration or sponsorship opportunities.
- **17TH ANNUAL ZHIIMAACHTAAN ECONOMIC AWARENESS DAYS**
Wikwemikong Arena
Wednesday July 31 & Thursday, August 1, 8:00am – 5:00pm
Please contact Giselle Aiabens at 859-3477 for more information.



WIKWEMIKONG HERITAGE ORGANIZATION

2370 Wikwemikong Way
Wikwemikong, Ontario
P0P 2J0

Tel: 705-859-2385
Fax: 705-859-2980
Email: briandpeltier@hotmail.com

ONGOING

- **ANISHINAABEMTAADIDAA**
1st Tuesday of every month – Amikook Seniors Centre, from 10am to 12pm
- **SHKWENOOSWINAN/GDOODEMNAANIK/EZHI NAWENDAASIING**
Surnames/Clans/Genealogy – 2nd Tuesday of every month Amikook Seniors Centre, from 10am to 3pm
- **ANISHINAABEMOWIN MAAWNJIDWIN**
3rd Tuesday of every month - Amikook Seniors Centre, from 10am to 3pm

CULTURAL PROGRAMMING

- **SUNDANCE CEREMONIES**
July 13 to 21, 2019
- **59th ANNUAL WIKWEMIKONG CULTURAL FESTIVAL**
August 3, 4, 5, 2019
Thunderbird Park
- **WOMEN'S GATHERING**
This will be the second gathering for the women. The gathering was inspired from the Men's Gathering and to have balance in the community.

Understanding the origins of trauma and replacing that trauma with the 7 grandfather teachings, along with our history and our identity.

A strong oath of confidentiality is understood and followed by the participants, the facilitators and the organizers.

Whatever is discussed or talked about at the gathering, stays at the gathering. Participants understood it's the beginning for their road to healing. No one was forced to talk about their trauma. Some listened and participated in the healing exercises and everyone was told to take their time and it was ok to cry and let go. The participants were told to ACT on those teachings, don't just talk about it BUT do it.

Everyone is welcome. For more information please contact the WHO office at 705-859-2385

- **MEN'S GATHERING**
This will be the forth gathering for the Men The Men's Gathering was inspired to happen by Gerry Kaboni. His vision and his experience in dealing with trauma throughout his past experiences got him going to help the men to heal in our community and abroad.

The gathering is led by the Pwaagan (the pipe) and the Men gained strength from the sacred fire (Shkode). The Pipe dictates the agenda, so there is no preplanned schedule. Daily exercises will take place ranging from letting go and talking/sharing about each individual's trauma and problems and filling that void with teachings and feasting ones spirit. Understanding the origins of trauma and replacing that trauma with the 7 grandfather teachings, along with our history and our identity.

A strong oath of confidentiality is understood and followed by the participants, the facilitators and the organizers. Whatever is discussed or talked about at the gathering, stays at the gathering. Participants understood it's the beginning for their road to healing. No one was forced to talk about their trauma. Some listened and participated in the healing exercises and everyone was told to take their time and it was ok to cry and let go. The participants were told to ACT on those teachings, don't just talk about it BUT do it.

Everyone is welcome. For more information please contact the WHO office at 705-859-2385

- **SUNDANCE CEREMONIES**
4 day sweats begin July 13, 2019.
Getting the tree on July 17/19 and then its done on July 21/19
Location 602 A Webkamigad Rd.
Wiikwemkoonhsing
Everyone is welcome to attend. Come and hear teachings along with songs and dance and healing. Volunteers are welcome to help; harvesting of poles and construction of the lodges, grounds preparation, serving of food. Donations welcome. For more info. Please call the WHO office at 705-859-2385.



WIKWEMKOONG ONTARIO WORKS

Wiikwemkoong Ontario Works
11 King Street, Wiikwemkoong, ON
POP 2J0

Phone Number(s): 705-859-3158, 705-859-3159

Fax Number(s): 705-859-3544

ASI Office:
2098 Wikwemikong Way, Unit I

Phone Number: 705-859-3157

Fax Number: 705-859-3127

Main Contact Persons:

Shelley Trudeau, Administrator
shelley.trudeau@wikyow.ca

Joseph Ominika, Case Manager,
Manager of Financial Assistance Team

Ian Peltier, Employment Manager,
Manager of Employment Team

Website:

<https://wiikwemkoong.ca/administration/ontario-works/>

Social Media Sites:

Facebook: [https://facebook.com
Wiikwemkoong Ontario Works](https://facebook.com/Wiikwemkoong Ontario Works)

Program Description

The Wiikwemkoong Ontario Works (OW) office has the responsibility of delivering the provincial Ontario Works program, there are two forms of assistance under the Ontario Works program; basic financial assistance and employment assistance.

Basic financial assistance includes income assistance provided for purposes of basic needs and shelter, mandatory and discretionary benefits, and emergency assistance.

Employment assistance includes supports and services aimed at increasing the participant's employability and/or quality of life. This includes education/basic training, life and home skill development, parenting programs, certificate training and on-the-job training opportunities (community placement or employment

placement). Many of these activities are coordinated as a collaborative effort between various community organizations/ departments.

In addition to the two core functions identified within the provincial program, the Wiikwemkoong OW office also manages the following programs:

- **Employment Experience:** a federally funded wage subsidy program that provides OW participants with on-the-job training and work experience through a paid placement.
- **Informal Child Care:** financial assistance to cover informal child care while OW or ODSP participants participate in employment related activities.
- **Homemaking:** non-medical services such as light housekeeping, laundry, shopping, and meal preparation to individuals who require assistance with household activities of daily living, and who have limited financial resources.
- **Addiction Services Initiative (ASI):** an OW program that is a targeted employment assistance activity designed to help participants whose substance abuse is a barrier to participation in employment and/or employment related activities.
- **Low-Income Assistance Program:** financial assistance for emergency shelter-related costs (such as minor house repairs and heating expenses) available to low-income individuals/families not in receipt of social assistance (ie. Elders in receipt of Old Age Security, persons in receipt of Employment Insurance, disability, etc).

Wiikwemkoong Ontario Works Events

Please note that events may be subject to change

EMPLOYMENT SKILLS DEVELOPMENT

- **EMPLOYMENT INFORMATION SESSION**
OW Resource Room
-Monday, July 8 & 22, 2019 at 10:00am & 2:00pm
-Monday, August 12 & 26, 2019 at 10:00am & 2:00pm
-Monday, September 9 & 23, 2019 at 10:00am & 2:00pm
- **JOB READINESS**
OW Resource Room
-Thursday & Friday, July 25 & 26, 2019 from 10:00am-3:00pm
-Wednesday & Thursday, August 14 & 15, 2019 from 10:00am-3:00pm
-Wednesday & Thursday, September 18 & 19, 2019 from 10:00am-3:00pm

- **BLACKSMITHING**
Location TBA
-Tuesday & Wednesday, July 9 & 10, 2019 at 10:00-3:00pm
-Tuesday & Wednesday, August 13, & 14, 2019 at 10:00-3:00pm
- **DRESS FOR SUCCESS**
Location TBD
-Monday, July 15, 2019, at 10:00-3:00pm
-Friday, August 9, 2019, at 10:00-3:00pm
-Monday, September 9, 2019 at 10:00-3:00pm
- *Resume and/or Cover Letter Writing- Book an appointment for one-on-one support

LIFE & HOME SKILLS

- **COOKING CLASSES**
Wiky Arena
-Tuesday, July 9 & 23, 2019 at 1:00-3:00pm
-Tuesday, August 13 & 27, 2019 at 1:00-3:00pm
-Tuesday, September 10 & 24, 2019 at 1:00-3:00pm
- **G1 STUDY GROUP**
OW Resource Room
-Wednesday, July 10, 2019 at 2:00pm
-Wednesday, August 7, 2019 at 2:00pm
- **BUDGETING**
OW Resource Room
-Wednesday, July 17, 2019 at 2:00-3:00pm
-Monday, August 19, 2019 at 2:00-3:00pm
-Tuesday, September 17, 2019 at 2:00-3:00pm
- **SMOKING FISH**
Thunderbird Park
-Wednesday, July 24, 2019 at 10:00-3:00pm
- **BUILDING A PIZZA OVEN**
Thunderbird Park
-Thursday & Friday, July 11 & 12, 2019
- **WOODEN SIGN PAINTING**
(Welcome Sign “Biindigen”)
-Tuesday, July 23, 2019 at 5:00-8:00pm
- **DIY HOME PROJECTS**
Locations & dates TBA
- **SHORELINE FISHING**
Locations & dates TBA

GENERAL INTERESTS

- **ESPANOLA SHOPPING TRIP**
-Tuesday, July 2, 2019
-Thursday, August 1, 2019
-Tuesday, September 3, 2019
- **SUDBURY SHOPPING TRIP**
-Friday, July 19, 2019 Depart at 8:30am
-Tuesday, August 20, 2019 Depart at 8:30am
-Friday, September 20, 2019 Depart at 8:30am
- **BACK TO SCHOOL SHOPPING**
-Thursday, August 22, 2019 at 8:30-6:00pm
- **STRAWBERRY PICKING**
Location TBA
-Wednesday, July 3, 2019
- **STRAWBERRY JAM MAKING**
-Thursday, July 4, 2019
- **BERRY PICKING**
-Tuesday or Wednesday, July 16 or 17, 2019
- **KILLARNEY FAMILY OUTING**
-Thursday, July 4, 2019
- **PAL**
The Rectory
-Monday-Thursday, August 19-22, 2019 at 4:30-8:30pm
-Friday, September 20, 2019 at 4:30-9:00pm
-Saturday, September 21, 2019 at 9:00am-6:00pm
- **MEMORY TEDDY BEARS**
The Rectory
-Tuesday & Wednesday, September 10 & 11, 2019 at 5:00-9:00pm

CULTURAL ENRICHMENT

- **BEADING**
Council Chambers
-Thursdays, July 4 & 18, 2019 at 5:00-8:00pm
-Thursdays, August 15 & 29, 2019 at 5:00-8:00pm
-Thursdays, September 12 & 26, 2019 at 5:00-8:00pm
- **SHORT MUKLUK MAKING**
The Rectory
-Monday-Thursday, September 23-26, 2019 at 5:00-9:00pm

- **HAND DRUM MAKING**
Location & dates TBA
- **EVENING LANGUAGE CLASSES**
Locations & dates TBA
- **CULTURAL & LAND BASED ACTIVITIES**
Locations & dates TBA



WIKWEMIKONG RENTAL PROPERTY MANAGEMENT

OFFICE:

5 Fisher Road
Wikwemikong ON
P0P 2J0

MAILING:

19A Complex Drive, Box 112
Wikwemikong ON
P0P 2J0

Phone Number(s): 705-859-3613
Toll Free Number(s): 1-855- WIKYRPM (945 - 9776)
Fax Number(s): 705-859-3562

EMERGENCY AFTER HOURS:

Bruce Recollet: 705-862-1789
Mike Assinewai: 705-862-1612
Ralph Gonowabi: 705-690-5732

Main Contact Persons:

Brian Assinewai, Ext. 24
Manager

Daniel Wassengesso, Ext. 22
Tenant Relations Officer

Agency/Organization Website(s):

<https://wiikwemkoong.ca/administration/rental-property/>

Social Media Sites

<https://www.facebook.com/WikwemikongRentals>

Program Description

Rental Housing

Section 95 and Band Rentals available to band members in need of affordable housing shelter assistance. Units vary from 1 to 4 bedrooms. There are all types of rental units from single families to clients who are physically challenged.

Rental Property Management Maintenance

Rental Work Orders

- A Work Order is a Maintenance repair service for Rental Units;
- A Work Order is performed by Rental Property Management Maintenance Crew. They repair rental units that a tenant is unable to repair on their own.

How to request a Work Order:

- Tenants can either call in and speak to the Property Records Clerk or drop by the office and fill out a Maintenance request form.
- The Work Order will then be forwarded to the Maintenance Supervisor, who will arrange (urgency basis) his crew to perform the repairs for the unit.

Emergency Rental Work Orders

Weekend Work Orders:

- Work Orders that are not an emergency can wait until regular business hours. If an emergency repair is required, please contact maintenance at their phone numbers provided.

Types of Emergency Work Orders include: Fire, Flooding, No Heat, Electrical or No Running Water

EVENTS/HIGHLIGHTS

- **UNIT INSPECTIONS**
Rental units will undergo ongoing inspections throughout the summer months.

Refrigerator Magnets: Magnets for emergency calls are currently in the office 5 Fisher Road and are available to current tenants.



WIKWEMIKONG TOURISM

2098G Wikwemikong Way
Wikwemikong, Ontario P0P 2J0

Phone: (705) 859-3477
Website: www.wiikwemkoong.ca

Social Media Sites:

Facebook: Wikwemikong Tourism
Point Grondine Park

The mission of Wikwemikong Tourism is to develop market-ready products and services that support the growth of the local tourism industry. We achieve this by offering tourism products and services in both Wiikwemkoong and Point Grondine Park. We offer authentic Indigenous experiences, in which we are able to tell “our story, through our lens.” Full details of the tours we offer can be found in our annual Experiences Guidebook as well as on our webpage. We work collaboratively with partner stakeholders to deliver premier events, such as the Annual Cultural Fair and the Annual Ice Fishing Derby, which aim to increase long term visitation and non-resident participation.

We also work with local artists, both emerging and established, to create opportunities for them to further themselves as artists through grant funding opportunities and consignment of their art in our galleries. Art consignment provides a way to meet tourist demand for local authentic Indigenous art.

We are also leaders in trail development working with communities to plan, design, and build recreational trails, for the benefit of increasing recreational, health and/or economic opportunities in their communities. An example of the types of trails we develop is our very own Bebamikawe Memorial Trail.



WIKWEMIKONG TRIBAL POLICE SERVICE

2074 Wikwemikong Way, P.O. Box 27
Wikwemikong, Ontario
P0P 2J0



Wikwemikong Tribal Police Service hosted a Youth Empowerment & Safety (Y.E.S.) Drug & Opioids Awareness Conference in March 2019.

Telephone Number: (705) 859-3141
Toll Free Number: 1-866-684-1136
Fax Number: (705) 859-2656
After Hours Reporting: 1-888-310-1122
Website: wikwemikongpolice.ca

Administrative Hours:

Monday to Friday: 8:00 a.m. to 4:30 p.m.

Social Media Sites:

Facebook: Wikwemikong Tribal Police Service

Main Contact Person:

Terry R. McCaffrey, Chief of Police

Wikwemikong Tribal Police Service Upcoming Events

- **BOARD MEETINGS - 2019**
 - Police Boardroom, July 10, 2019 at 6:00 p.m.
 - Police Boardroom, August 14, 2019 at 6:00 p.m.
 - Police Boardroom, September 11, 2019 - 6:00 p.m.

Wikwemikong Tribal Police Service Past Events

- **WELCOME TO OUR NEW STAFF**
Gabriel DiSalvo – First Nations Constable – May 2019
- **PROMOTIONS**
Congratulations to Sergeant Todd Fox on being promoted to Detective Sergeant which commenced May 6, 2019
- **WIKWEMIKONG TRIBAL POLICE SERVICE FAREWELL**
FN/Cst. Carrie Spry has moved on after 5 years of Service with the Wikwemikong Tribal Police Service.

EVENTS

- **YOUTH EMPOWERMENT & SAFETY (Y.E.S.) DRUG & OPIODS AWARENESS CONFERENCE**
Wikwemikong Tribal Police Service hosted a Youth Empowerment & Safety (Y.E.S.) Drug & Opioids Awareness Conference in March 2019. (Pictured CSO Brenden Pheasant and Chief McCaffrey)



PROGRAMS

- **R.I.D.E. (Reduce Impaired Driving Everywhere) Program**
Everywhere in Wikwemikong
On-going



Your
Dollar Store
With More

YOUR DOLLAR STORE WITH MORE #546

15 Edward Street, Unit 1
Wikwemikong, ON P0P 2J0

Phone Number(s): 705-859-2554

Main Contact Persons:

Jason Oshkabewisens, Store Manager

Social Media Sites:

<https://www.facebook.com/YDSWM546Wiky/>

Keep an eye on our Facebook page for Sales, Promotions and Special Events!

Every Monday and Tuesday – Receive a \$1.00 coupon for every \$10.00 spent!

Program Description

Your Dollar Store with More, providing everyday items at exceptional prices.

Hours of Operation:

Monday – Friday 9am to 8pm

Saturday – 10am to 6pm

Sunday – 12 to 6pm

Holidays – 12 to 6pm (Canada Day, Civic Holiday, Labour Day)

What is the Native Wellness Assessment (NWA)?

By Rolanda Manitowabi

Ngwaagan Gamig Recovery Centre Inc. has adopted the NWA, developed by the Thunderbird Partnership Foundation and its collaborators in research, as one of the tools use to provide feedback to clients receiving services. A pre-assessment is completed at the beginning of services and follow up assessments some time later. The comparative chart generated will identify ratings on the indicators of wellness shown under the categories of hope, meaning, purpose, and belonging. It is important to complete the assessments, as in doing so, will reflect back your answers and ratings of your own levels of hope, meaning, purpose, and belonging.

More about the NWA:

“The Native Wellness Assessment™ (NWATM) is the first instrument of its kind which measures the effect of cultural interventions on a person’s wellness, from a whole person and strengths-based perspective. It is statistically and psychometrically validated as a reliable measure of change in wellness over time, across all genders, age groups, and cultures. The Thunderbird Partnership Foundation provides the NWATM to communities, organizations and treatment centres that provide Indigenous culturally-based programs and services to measure the impact of culture on wellness. The NWATM measures the impact of cultural interventions on client wellness and proves something that First Nations people have long known; culture is the key to

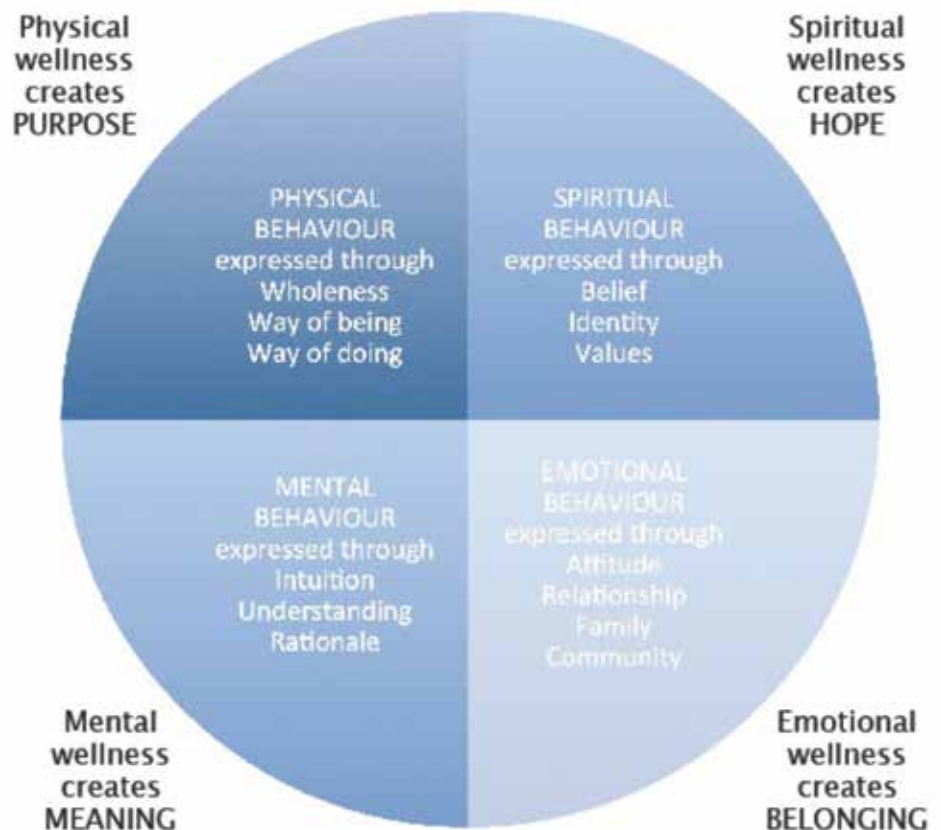
restoring and maintaining wellness. Over time, the use of the NWATM will establish an evidence base for the important role of Indigenous culture in addressing substance use issues and in promoting wellness. This tool is being used by registered treatment centres to track mental wellness over time through Indigenous cultural interventions and by focusing on clients’ strengths.” Thunderbird Partnership Foundation

“The assessment is a product of the Honouring Our Strengths: Indigenous Culture as Intervention in Addictions Treatment (CasI) research project developed by a team of Indigenous and non-Indigenous researchers from across Canada, Elders, Indigenous Knowledge Keepers, cultural practitioners,

service providers, and decision makers.” Thunderbird Partnership Foundation.

The Indigenous Wellness Framework identifies indicators of well-being as hope, meaning, purpose, and belonging, and the development of the Native Wellness Assessment (NWA) tool measures these indicators from participation in cultural activities. Spiritual wellness indicators in the Native Wellness Assessment (NWA) look at beliefs, identity, and values. Also in the NWA, indicators of belonging look at attitude, community, family and relationships; measures of meaning at intuition, rationale, understanding, and measures of purpose as way of life, way of doing, and wholeness (Fiedeldey-Van Dijk et al., 2016; Hall et al., 2015).

Story Continued on Page 36





Hall, L., Dell, C. A., Fornssler, B., Hopkins, C., & Mushquash, C. (2015). Research as cultural renewal: Applying two-eyed seeing in a research project about cultural interventions in First Nations addictions treatment. *The International Indigenous Policy Journal*, 6(2), 1- 15

Rowan, M., Poole, N., Shea, B., Gone, J. P., Mykota, D., Farag, M., Hopkins, C., Hall, L., Mushquash, C., & Dell, C. A. (2014). Cultural interventions to treat addictions in Indigenous populations: Findings from a scoping study. *Substance Abuse, Treatment, Prevention, and Policy*, 9(34). doi:10.1186/1747-597x-9-34.

Rowan, M., Poole, N., Shea, B., Mykota, D., Farag, M., Hopkins, C., ... Dell, C. A. (2015). A scoping study of cultural interventions to treat addictions in Indigenous populations: Methods, strategies and insights from a Two-Eyed Seeing approach. *Substance Abuse Treatment, Prevention, and Policy*, 10 (26), 1-9. doi:10.1186/s13011-015-0021-6

HONEYBEE FUN FACTS



- ★ Honey will never ever spoil.
- ★ Bee venom is an unproven treatment for arthritis.
- ★ Bears prefer the bee brood over honey.
- ★ Once a bear raids a bee yard it will always return.
- ★ The queen bee can lay 1,500 eggs or more per day
- ★ A prolific beehive can have up to 80,000 bees in it during the summer

Rainbow Ridge
GOLF COURSE

2019 MEN'S OPEN
July 12-14

Chance to WIN
\$25000.00
\$10000.00
\$5000.00
New Titleist Golf Club Set

Gamblers Corner and Calcutta

REGISTRATION:
\$155.00 - Non-Pass Holder
\$125.00 - Pass Holder
Registration includes: Registration Gift, Friday Practice Round
Saturday Qualifying Round & Dinner
Sunday Breakfast Buffet & Championship Rounds with Flights
Prize Table and Championship Presentation

Sponsorship and Advertising Opportunities Available
To Register by credit card call the Pro Shop at (705) 859-2990 or visit us at

rainbowridgegolfcourse.com

5TH ANNUAL RIDGE
GOLF CLASSIC

GOLF IN SCHOOLS

\$1 MILLION
DOLLAR
SHOOTOUT

FRIDAY AUGUST 2

Registration: \$150.00 Single / \$600 Team

4 PERSON SCRAMBLE FORMAT - MENS/WOMENS/MIXED DIVISIONS
INCLUDES REGISTRATION GIFT, 18 HOLES OF GOLF, PRACTICE ROUND IN PRIOR TO EVENT
BREAKFAST, DINNER, AND A CHANCE AT THE PRIZE TABLE

GAMBLER'S CORNER FUTURE LINKS MILLIGANS

CHANCE TO WIN \$1 MILLION CASH AND OTHER GREAT HOLE IN ONE PRIZES
Help us Support Golf in Schools Program in the Region

Sponsorship and Advertising Opportunities Available
To Register by credit card call the Pro Shop at (705) 859-2990 or visit us at

rainbowridgegolfcourse.com

WIKWEMKOONG DIRECTORY

A & V Heating	859-1900	Rabbit Island Centre	859-3121
ABORDIGITAL Printing & Design	859-1912	Rainbow Ridge Golf Course	859-2990
Amikook Senior's Centre	859-2194	Service Canada	859-2172
ASI	859-3157	South Bay Centre	859-1175
Andy's	859-3788	Wikwemikong Tourism Centre ...	859-3477
Art Gallery	859-2204	Trudeau Plumbing	859-2466
Bayside Resort	859-1070	Waasa Naabin Youth Centre	859-3597
Bev Naokwegijig Catering	859-2368	Waubetek	1-800-665-2248
Buzwah Confectionary	859-3886	Way To Go Pizza	859-2269
Buzwah Fisheries	859-1807	Wikwemikong Board of Education	859-3834
Community Planning Centre	859-2900	Hub Centre	859-3797
Canada Post Office	859-1966	Junior School	859-3536
Children's Aid Society (Manitoulin)	368-2810	Pontiac School.....	859-3133
Children's Aid Society (Sudbury)	566-2810	High School	859-2870
Community Living Wikwemikong	859-2174	Post-Secondary Counselling	859-2010
Contact North	859-2185	Wiini n'guch Tood LDM	859-2732
Daystar Native Outreach	859-2640	Wikwemikong Health Centre	859-3164
Ed's Family Restaurant	859-3676	Wikwemikong Dental Office	859-3476
En-Dye Inn B & B/Wiky Bay Tours	859-2955	Long-Term / Home-Community Care	859-3098
Wikwemikong Fire Department...	859-2011	Nadmadwin Mental Health Clinic	859-2330
First Tel Communications	859-2620	Wikwemikong Development Commission	859-3001
Gore Bay Court	282-2461	Wikwemikong DevelopmentCommission Trades Building 859-3341
Hillside Variety.....	859-3044	Wikwemikong Heritage Organization	859-2385
Karen's Coffeemat	859-2020	Wikwemikong Nursing Home	859-3107
Kina Gbezhgomi Child & Family		Wikwemikong Public Library	859-2692
Services	859-2100	Wikwemikong Garage	859-2366
.....	859-1010	Wikwemikong Arena.....	859-3142
Lands Building (Fox Lake Road) ...	859-3461	Wikwemikong Sewage Plant	859-2111
Lewis' Disposal Service	859-1633	Wikwemikong Tribal Police.....	859-3141
Lewis' Video & Games	859-3244	Wikwemikong Trust Office	859-2047
Manitioulin Health Centre	368-2300	Wikwemikong Water Plant	859-1831
Manitoulin Hotel & Conference Centre (Little Current)		Wiky Hock Shop.....	859-2837
.....	368-9966	Wiky TV 5	859-3200
Medora Hicks B & B.....	859-2638	859-1716
Mishibinijima Studios	859-3871	Your Dollar Store & More	859-2554
Mnis I.D.A Pharmacy	859-2866	Zaawmiknaang Native Crafts	859-1642
MS Chi-Cheemaun	859-3161	859-1446
Ngwaagan Gamig-Rainbow Lodge	859-2324	Zipp Thru	859-1211
Noojmowin-Teg Health Centre ...	368-2182		
Oakridge Place	859-1572		
Ontario Works	859-3158		
.....	859-3159		
Patsy's Catering	859-2952		
Property Management	859-3613		
		<u>Churches</u>	
		Holy Cross Mission	859-3259
		St. Anthony Daniel Parish Church - Kaboni	859-3994
		St. Ignatius Parish – Buzwah	859-2521



**WIKWEMKOONG UNCEDED TERRITORY – MANITOU LIN ISLAND, CANADA
AUGUST 3RD, 4TH, & 5TH 2019**

COMMITTEE SPECIALS

WOODLAND SPECIAL (18+)
MEN'S FANCY IRON MAN (18+)
WOMEN'S FANCY IRON WOMAN (18+)
MEN'S/WOMEN'S SMOKE DANCE (18+)

COMMUNITY SPECIALS

SHAWN "BUFFALO KNIFE" KABONI 10 YEAR
MEMORIAL HAND DRUM SPECIAL
BY THE KABONI FAMILY (18+)

MIZHAKWADWOKWE OLD STYLE JINGLE
MEMORIAL SPECIAL
BY FLORENCE LINKLATER-BA
(NEE ZHAAWAANDE) FAMILY (16+)

JINGLE DRESS CLASSIC
TEACHINGS AND GRADUATION SPECIAL
BY LIZ ESHKIBOK AND
NAOMI RECOLLET (16+)

MEN'S TRADITIONAL SPECIAL
BY HENRY E. ESHKIBOK
(0-7 YEARS, 8-17 YEARS, 18+)

GOING OUT MISS WIKWEMKOONG
TEENS AND WOMENS TRADITIONAL SPECIAL
BY DANA LEWIS
2018-2019 MISS WIKWEMKOONG

MASTER OF CEREMONIES

RUBEN LITTLE HEAD SR.

LAWRENCE, KANSAS

CHRIS PHEASANT

WIKWEMKOONG, ONTARIO

HEAD VETERAN

WALKER STONEFISH

WALPOLE ISLAND, ONTARIO

HEAD DANCE JUDGES

MALE: JESSE OSAWAMICK

WIKWEMKOONG, ONTARIO

FEMALE: SOPHIE PHEASANT

WIKWEMKOONG, ONTARIO

HEAD DRUM JUDGE

SHELDON SUNDOWN

BUFFALO, NY

SMOKE DANCE SINGER

SHELDON SUNDOWN

BUFFALO, NY

ARENA DIRECTOR

DAVID TRUDEAU

WIKWEMKOONG, ONTARIO

HOST DRUM

RED MAN SINGERS

WIKWEMKOONG, ONTARIO

**CATEGORIES
PRIZE BOARD**

GOLDEN AGE (50+) COMBINED
1ST: \$1000 | 2ND: \$800 | 3RD: \$600 | 4TH: \$500
ADULT CATEGORY (18-49)
1ST: \$1000 | 2ND: \$800 | 3RD: \$600 | 4TH: \$500
TEEN CATEGORY
1ST: \$300 | 2ND: \$200 | 3RD: \$150 | 4TH: \$100
CHILDREN CATEGORY
1ST: \$150 | 2ND: \$100 | 3RD: \$75 | 4TH: \$50

DRUM COMPETITION
1ST: \$5000 | 2ND: \$4000 | 3RD: \$3000
4TH: \$2000 | 5TH: \$1000

DAILY ADMISSION

GATES OPEN 10 A.M DAILY
ADULTS: \$10.00
CHILDREN: \$2.00
ADULT WEEKEND PASSES: \$20.00

CHILDREN UNDER 6 & ELDER'S
65 AND OVER ARE FREE!

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No Pets Allowed on Festival Grounds

Wiikwemkoong Art Show

Hosted by Community Artists



Located at the Artists Pavilion on Festival Grounds

Hours:
Saturday and Sunday

*Anishinaabe Arts and Crafts
Interactive Cultural Workshops
Cultural Pavilion Experiences
Authentic Anishinaabe Cuisine
Champion Anishinaabe Dance*

Miss Wiikwemkoong Pageant

Little Miss
Miss Wiikwemkoong
Junior Miss
Wiikwemkoong Brave

For More Information:
Tracy Cleland
(705) 919-2340

